

Masterclass #53 Zoom Transcript:

“Transforming Yourself from Muggle to Magician: Awakening Yourself as an Avatar” with Darren Starwynn.

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Next thing I want to say is quantum healing.

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Something. Okay. Quantum healing is something that I do that I teach in my institute and the Bridge to Mastery Institute.

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Quantum healing is a transformational healing system in which practitioners facilitate healing of their clients through direct experience of the quantum field.

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There was a book that came out back in the 19 eighties about acupuncture which was called all sickness is homesickness And I love the name of that book.

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Because what it's saying is that all sickness, all dis ease, whether it's mental illness or emotional, unless or physical illness.

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The root of it is somebody feeling cut off from their source. Feeling separate like this belief in separation is the root of all suffering and all illusion and all the problems on our planet.

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And so quantum healing is a system where a client gets in touch with the direct experience of their oneness, of their connection to their true self and to All that is and through that the physiology of the body changes very rapidly and we often many things that seem miraculous take place pretty quickly.

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So these are some of the experiences I have with clients, helping them clear traumatic memories that they've been covering them for a long time.

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Hoping to heal mysterious or non responsive diseases or things that are keeping them from moving forward with doing what they'd love to do in their life.

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Hearing the root causes of chronic pain. That's a huge one I've done a lot of research on.

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Releasing old agreements, c, energy, and plans, curses. These are all things that I find in people's energetic body when I go in and work with them.

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It's I call it energetic baggage or residue that's kind of a to another term for it And most of us aren't even aware we're carrying all this stuff.

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But it's kind of like the weight of all these old unresolved experiences and things that we're carrying from our ancestors that we don't even know we're carrying.

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This coming from sort of the group consciousness that we're tapped into. And when you identify these things, which I call spiritual detective work, and release them through the quantum field.

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So many types of issues and problems start clearing up. That people have had a hard time finding healing for.

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The quantum healing is something that can amplify and uplift any of these healing systems. Could be like massage your body work, acupuncture, any kind of energy healing or healing touch.

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Psychology, psychiatry. Any kind of energy medicine, chiropractic, any types of spiritual healing.

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By a practitioner learning to open themselves to the quantum realm and having themselves be more shifted into the avatar.

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Vibration. Then you can do all these techniques you're already doing and you have people just have much more breakthrough results.

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I love it. It's just really beautiful thing and it's not so much about doing it's more a bad being it's more about being being a transmitter.

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And quantum healing, here's another really cool thing. Quantum healing works equally well, whether you're in person in the same room or if somebody is thousands of miles away.

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So I do see quite a few people in person and I also do most of my work on Zoom when I'm working with clients or groups.

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Again, I don't take credit that I'm making the healing happen. The credit goes to that person.

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But I'm acting as a catalyst. For that person to tap into a part of themselves that I'd call their own master healer.

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And it's not. And limited in any way by geography. So like right now we are in this field together.

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Again, I just would like to say there's an opportunity. I'm putting a lot of things out here, all these images and ideas and concepts.

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But if you just kinda go behind all that, just what do you actually feel inside yourself?

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And a Brian put he feels loving presence and coffee. That's a good comment. So if anyone notices this field or has an experience of it, it would be wonderful if you go to the chat and just type that in just what you're feeling because that helps to contribute to the field.

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Okay. Now another thing that Just again, what's going to actually? Solve our problems on this earth.

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Is what I call a critical mass that solves the critical mess. So we're at a critical mess clearly in somebody ways environmentally and socially in terms of justice and all these things.

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When we reach a critical mass of enough people connecting with this field at the same time. He crates this exponential explosion of consciousness.

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See, we have some people that said calming energy, expansiveness and possibilities, expansion and trust. Happy.

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Peaceful. Thank you for sharing that. So every time you share, you're actually creating virtue and you're helping to boost up everybody else just by simply stating what it is you're experiencing.

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Like I have groups that I offer that sometimes people will share. I encourage sharing. They'll say, I'm having a beautiful experience.

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I really feel so uplifted. Other people, some people will say, you You know, I just feel the stabbing pain in my gut and I just feel like crying and I feel so disturbed and you know, that's equally good because sometimes that will open up a whole channel of healing for other people as long as you just tell the truth of what's happening with you.

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So critical mass happens when more of us actually come into our bodies go through this physiological process and commit to doing the practices to actually practice in being in this quantum space more of the time.

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And take action from that point.

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So one word that you often hear is awakening. What does it really mean to awaken? Now on one level awakening happens every morning like you wake up and you realize oh I'm not sleeping anymore I'm not dreaming anymore.

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But then there's a level of awakening beyond just the physical awakening of the body.

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In which It's like the same thing as if you were having a dream at night that was on pleasant and you woke up and felt, oh, what a relief.

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I'm not having that dream I'm actually in my safe bed. It's that much or more to go from the smuggle experience and to remembering who you really are.

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As a being.

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Becky said warm and joyful, Kevin said group residence. Earl said a whole body vibration.

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Thank you for those comments.

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So this is a picture of an artist's conception of the 1st fish. Turning it to an amphibian and coming up on the beach and probably having a really hard time starting to try to breathe outside of the water.

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At some time in ancient history that was happening. You know, we're all kind of going through that right now.

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We're having to adapt it to something new that's not familiar to us, that we don't know the ropes of.

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We don't understand how to do it. So it takes kind of sort of a combination of love and courage.

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Willingness to kind of go past the comfort zone of what we think we know. Our reality is. So we're all kind of that fish.

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Flopping up on the beach and turning, amphibian right now. And it can't be controlled, it just is what it is.

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It's definitely a transitional time. The ancient Mayans said that this time were in now would be called the 9th wave.

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It's where like all the different levels of experience that the human race has gone through since prehistoric times is all with us right now.

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So awakening is closing the gap between. Again, the separated mine muggle mind and the oneness that you know you really are.

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One thing that I've realized a super power that I've realized that I bring through is called quantum activations.

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And the way I discovered this again the same way just by being in front of groove by working with lots of people and then just noticing that More and more people would have experiences.

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Often very transformational experiences that weren't that connected to the words I was saying or the the ideas I was talking about.

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And so that super power is. Activating being a catalyst.

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And this is something that each one of us does in different ways. You're you're a catalyst when people around you transform without you really doing anything just because of your presence.

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Now, Lalita said, why is now the transitory time? Well, that's a pretty big explanation that I can't really go into the full explanation again in my book awakening the avatar within it really goes into a lot more detail.

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There's a whole chapter about that. But the short version is that there are different phases like different quantum waves that have according to the Mayans that have come forth from source and each one brings life to a new level and that one of the hugest transitions into a quantum wave started around 2011.

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That they call the 9th wave and it's a time where the eco no longer can rule. And we're the male patriarchy can no longer control and right now we're seeing the death throws of the male ego patriarchal energy trying to hold on for dear life.

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As the shift is happening and that's why it's such a chaotic time.

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So toward the end of this presentation. I'm gonna offer a quantum activation. Of course it's just happening anyway just by us being together.

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And yes, we are going through a mass ascension of consciousness at this time, but again because of the struggle that our egos are going through of surrendering to this and letting go.

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A lot of us are going through some of these things you'll see on the slide like feeling unstable or overwhelmed or anxious your mind might feel hyped up.

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Like cycling behind high states of inspiration. Depression like you just don't know why just these crazy experiences that don't seem to be that connected to anything that you can understand.

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Feeling deep shifts that you don't understand and time speeding up. Whoa, that's a big one, right?

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So if you're feeling any of those things, you're actually on track. Don't consider it a bad thing.

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It just means that You're that amphibian at 1st fish flopping up on the beach trying to be an amphibian and it's not an easy thing to do.

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But it can be fun. So, now let's talk about how we actually transform from Muggle to Magician.

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Again, I can PowerPoint slides are a very limited way to try to share this. But again, just as much as you can, try to stay in the experience of this and not just the ideas of it.

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The 1st step I believe and this is all in my book *Awaking the Avatar* within or you know a lot of these things I'm talking about.

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Is to go through that 1st step of awakening. Now, does anybody know what the 1st step of awakening is?

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If you think you know what the 1st step of awake it is, please put it in the chat.

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And Angelica, thanks for reassuring me. Yes, that's all part of the transformational process.

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Well, just because I, okay, Scott said sleeping. Right on. Okay, I, that's a wonderful way to start awakening us to sleep.

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It's actually very close to what I was thinking. I believe the 1st step of awakening is to admit that you're asleep.

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Is to admit that this reality that you think you have on you understand and that you're part of and you identify with is not actually ultimately real.

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Somebody said opening the 3rd eye someone else said awareness. So when you admit that you're asleep, that's the 1st step of awakening.

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Is a term from Sanskrit that I have a whole chapter about my book. That basically is this.

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Well, it kind of reminds me of what Pop I said. Pop I was my 1st guru, by the way, Pop I the Sailor Man.

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Because he talked about I am what I am and it's all that I am you know that was a very high spiritual teaching.

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They got me, in spinach and things like that, but. One of the things Pop I said, I've stood all I can stand and I can't stand no more.

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I was one of, and that's Viraga. It's like where you're so fed up.

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I'm sick and tired of being sick and tired like when you have that kind of feeling about your life.

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Then you actually find the motivation to actually meditate, to actually open to a different reality than your program.

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That's fair okay. It's like a deep motivation that I actually do want to awaken and I'm going to do what it takes.

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We could sure help each other a lot by encouraging that. Now, a big part of a awakening is going through your Jedi training.

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And This is a picture from the Star Wars movie, but there was a scene in there. I don't think I have the sound on, but at least you could see probably the images here where Luke Skywalker had to learn how to use his lifesaver.

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And, and while he was in this training, he got, he got shocked many times. By this thing, yes, you can see here.

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Remember, a jet I can feel the force flowing through him.

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Right, I suggest to try it again.

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So now, Kobe WAN Kenobi asked him to put this helmet on. We can't even use his eyes at all.

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He has to just trust the force. She says your eyes can can deceive you. Feel the force.

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Stretch out with your feelings Luke See? So.

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What does that mean? Is that? Every experience you've had your entire life the good, the bad, and the ugly.

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Has been your Jedi training. Not just the things that seem inspiring and good, but basically all the stuff we've been through has been training us.

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To get that very argue, to have that desire to really go within. And to awaken ourselves. So rather than seeing these things as bad or wrong or I'm blowing it, just know that it's all perfectly on track.

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And so a big part of a awakening is to admit your true desire. Like the old sour grapes thing from Aesop's fable, like the grapes are sour anyway, is how most of us live.

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You know, we, we don't dare to really know what we really desire. But if you dare to feel your own desires and commit to them, that's a courageous act that brings you into the avatar life.

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And then making a deep choice and commitment. I feel like the path is so much about committing. Choosing getting off the fence.

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And one of the things to commit to that I found ultimately important is doing inner practice and doing these certain forms of meditation that bring the spiritual energy more into the physical body into groundedness.

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Because when I grew up, you know, back in the sixties and seventys, there were so many people who wanted to kind of go out into altered states and consider that spirituality.

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But I'm finding that the ultimate spirituality is being completely present and grounded and embodied.

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Doing the inner work facing the shadow aspects of self rather than running away from them because each one of those holds a great deal of your superpowers as hidden behind those different shadow experiences.

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And thing that's I find absolutely essential that I'm committed to supporting is conscious community because. When people come together with the intention of supporting each other in this awakening and opening their hearts to love and stepping into their power, it's greatly amplified.

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So if there was ever a time in the past where people would go in caves to go into, BET, and it's this not this time.

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This is the time for coming together. And this picture was taken at a retreat that I led just in February this year that was such a high level energy that Literally everybody felt such transformations there.

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And if we adjust been doing a 1 to one, it wouldn't have been the same.

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So the final master key is about service. It's about going through this being willing to go through this process.

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Have your desire to go through this process of transformation to courageously face whatever the shadow challenges are. Develop your superpowers and then try to help and heal others.

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So this is something from the Doubt chain. This is a picture of Lao Tzu who is the author of this famous book that's the basis of the Taoist beliefs and thoughts.

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One thing about, you know, there's a Taoist religion, but even beyond that, there's Taoist practitioners who have reputedly lived to several 100 years old who have lived in very high levels of health and vitality into their older years.

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And this is a quote that's really worth, I'm from Lao Tzu, this really worth contemplating.

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And I believe that this quote, holds the key to how we're going to save our world. And I'll just read it once and then.

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If you have any comments, please put it there now. The best rulers by rulers, even people that say that rule a country, are scarcely known by their subjects.

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The next best or loved and praised. The next are feared. And the worst kind of rulers are despised.

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They have no faith in their people and their people become unfaithful to them. When the best rulers achieve their purpose, their subjects claim the achievement as their own.

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Let me just break this down, feel a little bit. The worst kind of rulers or leaders would be those that nobody respects.

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And so the kingdom or the country just goes into chaos. I think there's a lot of that going on.

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Now, rulers that rule by fear and intimidation, like maybe like a Saddam Hussein kind of person.

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It's 1 step better. Cause at least the country stays relatively organized. It's not in total chaos, but it's a very unpleasant place to be.

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There's no human rights and all that type of thing. Now there's rulers that say, you know, they're doing a good job that people like.

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Which is kind of rare in our world these days. That's better. But the highest level of being a ruler is where people don't even know you're there.

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They don't even because they just think it's happening naturally. So I feel like that's what happens as more of us.

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Live as avatars. We don't necessarily get a lot of credit or it's not like being out there.

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You may or may not get any credit for what you're doing, but the thing is you're helping to create this field.

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Where things just tend to go into harmony.

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Just take a moment to contemplate that.

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I believe that you and I are meant to do this. Each in our own way. But again, as I said earlier, it happens much more strongly when we connect with each other in community and create this.

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And generate this quantum field. I can't even tell you what that experience was like at that retreat in February.

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It was like everyone was really surprised. And quite a few people felt these miraculous things that they actually went on video and gave me testimonials about they probably weren't planning dudes because they were so blown away by it.

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It happened because enough people reached that critical mass to clear up our critical mess.

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So. Let's take a look at the time. Looks like we're, how much more time do we have left, Scott?

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Could you maybe putting that into the chat so I can gauge the rest of this?

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You can take another 1520 min and then we'll have some questions after that.

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Okay, excellent. Thank you.

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Okay, well what I like to do is actually I give I've thrown a heck of a lot of ideas and concepts things like this, you'd like to go more an experiential part of this.

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So what I'm gonna do is actually stop sharing this PowerPoint and put on some music that I find really supports this kind of quantum energy.

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And just have a brief guided practice. And then I'll finish the PowerPoint and then we can have the questions.

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So I'm gonna turn this off for a moment.

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Take me a moment to find, get my music on.

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While I'm doing it, if you can just stay within yourself as much as possible.

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Okay, so you should be able to start hearing some of this music right now.

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Okay.

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So I'm spotlighting myself for a few minutes.

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If you can hear the music, just please put in the chat so I can make sure that you're hearing it.

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Okay, yes, thank you for this, that, and the music. Okay, so good to have your feet flat on the floor.

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Have your back straight. Again, whatever.

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This presentation has touched anew. Let's be in touch with that.

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It's good, helpful to have the tip of your tongue on the roof, your mouth behind your 2 front upper teeth.

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Breathe into your abdomen. Blocks. Just know that you are already everything you could ever dream of being.

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No need to change in any way except just accept. Your true self at this moment.

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You

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Okay.

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We've had the mind very stimulated by all those slides. So let's let go of that go in the backseat for a little bit right now.

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Just sense with your inner senses inside of your own body.

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Remember, this is all about loving presence, so.

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I invite you to radiate your love to everybody else in this group and yourself.

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Part of this quantum healing process is radically accepting whatever is. So this moment if you're feeling a beautiful energy or vibration Take it.

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If there's anything uncomfortable in your experience like any pain or discomfort or if you feel agitated in some way, just completely accept and embrace that.

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Remember, awakening is not for the faint of heart, not for people who want to stay in a comfort zone all the time.

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You can, like, and that's Star Wars. Hope you want to Kenovi said stretch out your feelings, Luke.

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I would say that too now. Just stretch out your feelings to this group. And see if you could sense this group consciousness.

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Group field that's greater than any of us individually.

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You

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Okay

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If you're like me, like What's human beings? And price sense a combination of this beautiful field.

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They're on a issues or

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You The

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Discomforts. Again, master is embracing all of that.

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The ultimate thing of being a model. Is that muggles or people that are caught up in an enchantment at a spell?

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Or transfer for originality.

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You

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Transits based on separation and fear. Or how confident they look on the outside, there's a deep core of feeling separate.

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You

00:54:04.000 --> 00:54:09.000

That's what makes a person a How do you awaken from that trance into

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The magic of knowing that you're truly connected with everything in the universe. Were one with all.

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I guess it's basically by saying yes. I think the good fortune to be with other people who are supporting you at that.

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You

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Again, I'll just go through those foundational practices one more time. Claiming a purity blast, clear the space.

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It's like a giant down rushing vortex of life that sweeps their Europe.

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Pull all my energy back into my own body.

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Rounding supply energy down to earth. Star chopper that's underneath. Wherever you're setting.

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You

00:55:33.000 --> 00:55:36.000

Loving presence.

00:55:36.000 --> 00:55:47.000

You

00:55:47.000 --> 00:55:59.000

Please just for one moment before we finish this practice. Imagine the earth. Floating in front of you.

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Like looking at it from outer space or you can see the clouds around it and the stars of the background and the oceans and the continents.

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For this moment imagine that all of us 74 people that of us who are on this are like in a huge circle.

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And the earth is floating in the middle.

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You

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Just radiate your love toward that planet. And all life on it.

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People who will share your opinion, the people who don't.

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All the animals, all the plants, all life.

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Just imagine for a moment, beautiful light surrounding the earth filling the earth.

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At this higher vibrational planet that already exists. It's not something we have to strive for in the future.

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We just have to awaken and see it.

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And step out of vehicle Muggle.

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And for this one moment connecting with all the other light workers all over this planet who are either doing any kind of helped other people or meditating or coming together in groups or doing some kind of working for social justice or whatever they're doing this moment.

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Let's connect with all those people. And amplify the power of this.

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Oh

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Feeling.

00:57:55.000 --> 00:58:00.000

Brian said, love to all the animals, the plants, the fish, the life, all the entities in the clouds, the waters and the lands.

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Thank you so much.

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Hello, Theros and may the light workers restore harmony through divine intervention.

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So I'm going to bring this part of it to a close. I mean, I'd love to do more of this, but I know we need to conclude here.

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And this music down now.

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And go back to sharing the presentation again.

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Okay, so before we take questions and comments, let me just say that for anyone that's interested in this, I just finished creating 2 video courses.

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I don't think anyone's ever done this before actually take this whole field of quantum healing quantum awakening and turn it into a series of video lessons like taking the best things I've learned from my entire lifetime and all that I've been doing.

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And one of the courses is called Quantum Awakenings. It's 9 videos. And it's has a lot of beautiful imagery in it and music and a lot of these like distilled kind of actresses and teachings and a lot of these inner practices like the ones I found to be the most useful and viable for embodiment for awakening.

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And you could just go at your own pace with this video, program. And it also includes some live zoom gatherings that we get together.

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And actually practice some of this stuff. So that's 1 of the new things I just released. Then there's another course I just read this called Quantum Healing for Professionals.

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Which is again for people that are healers or doctors or health care coaches whatever they are. Would like to actually bring the quantum healing into your work you're doing.

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So these I just literally released these last week and just talked about the new living expo. And if anyone would like more information about those courses.

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There's these URLs here. My website's Dr. starwin.com.

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So the one. Page about the Quantum Awakenings courses, Dr. starwin.com, forward slash QA, and the Quantum Hill for Professionals is Dr.

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Starwin.com for slash QHP. And I'm willing to send anyone who's interested a free lesson just so you can see what it's like and experience one of the introductory lessons from it.

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If you just email me at darren@drstarwim.com. I'll be glad to send you one.

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So. That.

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That's finishes basically my press. I'd love to have more interaction questions and answers. So let's go with that for a while.

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Okay, so I see a few questions coming in the chat. Let's see if there's any previously that I've missed.

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I can't say where to get coffee right now. That's 1 thing I can't really help with.

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I think those questions that you're seeing right now are pretty. Current. I didn't see anything major.

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Okay.

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In the back but I'll go sneak a peek while you discuss. Those questions that are right there.

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Okay, so. Yeah, I see one in Kevin said you speak of becoming or being an avatar.

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If we speak on conjuring and working with other avatars. Yeah, definitely. That's a big part of being an avatar at this time is actually connecting with other people in your soul group.

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That's 1 of the chapters in my our book is about how to identify what your soul group is.

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Because we're not here as a solo operators. So as you upgrade your body and open up to more of your avatar consciousness, then basically what happens You seem to start gravitating to other people that have a similar kind of mission or similar kind of purpose.

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And literally, it's like your job Like, do we have our job description as far as what we do as our day, day job or whatever you do to make money or service or volunteer?

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You also have an avatar job description. And it's something that you usually involves working with other people.

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So it's a really joyful thing as you start connecting with other people who are in your soul group who have similar assignments for this ascension time that we're in right now.

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So I'm not sure if that's what you're really asking about, but

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You, you work with other avatars by basically just getting to know them and sharing different purposes like different people have different projects that they're enthusiastic about and how we support each other and bringing these things into manifestation.

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And it's win-win, win, win, win basically.

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And that's 1 of the things I feel like is one of the purpose that I've taken on is to bring out avatars together, bring light workers together.

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And so I have many free events that go on every week on Zoom that I offer through Lightworker Ministry.

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Again, if you email me, I'll be glad to put you on the list to be notified about those.

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And also, you know, workshops for people that want to develop themselves professionally. Now Scott had a question is what do you think about the connection between plant-based diet and consciousness development?

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Well, that's really a great question. I think that Where are you evolving right now very much?

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Our bodies are lagging behind in many cases, you know, where our spirits are and that creates that gap that I was talking about before.

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So I don't have any judgment of how people should eat. Like I know that I was a strict vegetarian for a long time in my life and I ended up developing chronic fatigue after that and I had to eat some animal protein because of my blood type or whatever it is.

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To get myself healthy again. So I think each of us has to find our own balance with it. I think what's most important about The diet is really important.

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Is that you follow your own instincts that you learn to trust your feelings. Your body will tell you what the ideal food is if you just are tuned into your body and not just your mental ideas and belief systems about food.

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And so that's the way I feel is. But in general, we have it's very important to eat foods that are as pure and organic and uncontaminated as possible.

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That's really important.

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Darren, I had something I wrote when you were talking about leadership. I typed it into the chat a little farther back.

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In education being a high school physics teacher for 34 years. One of the things they used to say is don't be a sage on the stage.

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Ha ha!

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Okay

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Yeah, guide on the side. And that sounds similar to what you were talking about. In terms of.

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A leader you won't you won't necessarily notice them

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Right. That's yeah, that's that's it comment that you made just fits right into that that you know, avatar, some avatars are meant to be out in the public eye and to be famous and to create movements or to lead groups or whatever it is.

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And other ones, nobody may ever hear their name, but they're equally transforming because of the field that you're holding.

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So there's some people that are, one of the clients I just worked with a few days ago said she was looking for her purpose and so she reached out to me and we did the quantum healing session.

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And toward the end of the session, she started getting the feeling, you know, I feel my purpose is not actually to be working with clients.

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It's actually just to be holding a space of consciousness. And that can very well be true. That could be her job description.

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So yeah, that's really true. Okay, another question here is,

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Pamela said, I feel that to be true, a lot of serendipity and meeting others and similar fractals.

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You know, good way to put it. Daniel said, you recently participated in the Wildlife Book along with other authors.

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Right, that's an anthology that just came out like 2 days ago. It's called the Wildlife, and I was invited to put a chapter in there.

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And it's about 20 different people writing about how they stepped out of the box being an iconic class or breaking the mold or going against the grain of society around them in order to express themselves and there's a lot of really great writings in there.

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And a lot of very, very different perspectives. So again, that's available now on Amazon.

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I think so far it's ebook is available in the physical book will be available in a day or 2, but it's called the Wildlife and I'm 1 of the contributors.

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Like my chapter is about living as an avatar. And when I sent my 1st draft and they made me rewrite it to make it a lot more like edgy and vulnerable and about all the difficult things I've been through.

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They didn't want me just to speak in general terms. So it's a pretty edgy book.

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And Rose said, how would artificial intelligence fair in a soul group?

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Well, artificial intelligence is one of these things that we're having to face. That has some real risks and some real benefits because of the In fact, as my partner, Karene, as an astrologer, and she said we're moving out of into this age of Aquarius where things like technologies become these kind of technologies that connect people all over the world become much more preeminent.

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Don't think artificial intelligence has much to do with soul groups. I think there's a technology of the soul which doesn't require any human technologies like electronic technologies.

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Far greater than that. A technology of spirit. That's based on universal laws of spirit. But I do feel like artificial intelligence.

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At this point like the worst and best things with it are already happening and there's people using it to cure diseases that can never be cured before to solve problems that can never be solved and there's people using it to manipulate and control others and it's 1 of the many crises that we're facing.

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Avatars need to step up and be those superior rulers so that the worst of these things don't take place.

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DC said. When someone is dealing with a chronic health issue. Is there a master key or question they should ask themselves to move forward in conscious evolution?

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Oh, I love that, DC. That question has so much wisdom in it.

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What question can someone with chronic illness or chronic pain ask themselves in order to move forward?

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I feel like that question that they would need to ask themselves is Who am I? And what do I really want?

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Because Chronic pain and chronic disease. Cause I've been working with people with chronic pain and chronic disease for like 35, 40 years.

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As a doctor, an acupuncturist and healer and so on.

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It has to do with burdens that people are carrying. On usually on a sub unconscious level that is dragging them their energy down and having given power away over and over and over again.

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In ways that they don't. Even remember.

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And basically not having the confidence. To truly say I am here I am who I am and I claim you know my space so it's all goes down to false evidence appearing real which is known as fear.

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Is that we've been infected with this epidemic of fear, fear of being in our power fearing of being who we are, and it manifests in the body in many, many ways.

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And so when you step into self-love and educate yourself about some of these things, There's ways to heal yourself.

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We just heard a presentation last night about earth thing which is about having your bare feet on the earth and how that can debt one thing by doing that every day can cure.

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Countless diseases and prevent countless mental and emotional physical diseases. And that any disease is based on inflammation, which is like Alzheimer's, heart disease.

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Pelvic and flammatory disease. Simple things like this, so A lot of it is.

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That willingness to do what it takes to be whole and to be healthy.

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And and connect to source.

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Thank you. Thank you, Scott. Yes. Actually, I'm glad you said that you kind of left that out because It's that feeling of remember I said the book all sickness is home sickness I love that title that all sickness is based on a feeling of separation from source.

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And we've been dumbed down and brainwashed and domesticated. So that we would believe that and therefore it can be controlled more easily by those that would like to control us.

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So if you want to step out of the slave self and out of that paradigm then know that I am one with source right now.

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I don't need any priest or rabbis or anyone to connect me. Maybe they may be helpful advisors, but I am already.

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One with source in this moment.

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Kevin said, where do you draw energy from? How do you shield from bad energies? Okay, these are really wonderful questions.

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You already are one with Infinite Energy right now. Like, I mean, you're just in terms of physics.

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I mean, one famous physicist said if you took the amount of energy that was in like a few grains of rice and totally released it would be enough to boil the whole Pacific Ocean.

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I mean, we are, it's not, there's no shortage of energy. It's just there's blockages that we have in our energy body that's preventing us from accessing that level of energy.

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And a lot of it is self-created. And so, so basically. There are, you know, lots of things we could call negative energy or bad energies there.

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And I've, earlier in my spiritual life, I used to put up shields around me.

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I put white light around me and surround myself with mirrors and things like that. I found that at this point the best way to shield myself from negative energy is to be love.

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This to be is because when I am truly being loved and I'm embodying my true self is in my body.

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Negative energies can't do anything to me. There's no place for them. Because ultimately Bad things only happen when someone on some level agrees to them.

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I know that's a very controversial statement and it pisses a lot of people off to hear that.

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But it also gives us a lot of power. That a big part of healing is to look within yourself and see where have I agreed.

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To take this on or to accept this. Or to be vulnerable to this. And then bring more love and more presence and you know more.

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Clear clarity to that part of yourself. So this is, I'm not saying this is all easy, this is a long process.

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Or it could happen in a moment, I'm sure. But certainly greatly amplified when we get together and support each other in that.

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Pamela said, why are you here? Are you talking to me or I said general? That's the question.

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It's very important to say, like, why am I here? Well, I'd say for myself I would answer that question by saying, you know, like Jerry Garcia from the Grateful Dead had a song reside, what a long strange trip it's been.

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So I feel like I came here to go on a very accelerated long strange trip in which in this lifetime I've burned through about 3 or 4 lifetimes of experience.

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So that at this point. Actually have something to share that helps to uplift other people and Help them to remember who they are.

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Now we can all answer that. I'd love to hear how other people would answer that question. But it's an ultimate question.

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Why are you here?

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And Brian said, NSF W. Any opinions on seed retention? I actually don't know if that is.

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I can't comment on it. Maybe if you explain what it is I could say something more about that.

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A panelist that I'm referring to the question about illness showing up and asking why are you here?

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Thank you.

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Okay, yes, okay, now I get it. Thanks for that context. Yeah, like.

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Oh, once I was, flying to South Korea for a business trip. And they had this magazine, the Korean Airlines magazine, and one article was about healers.

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Yeah.

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Forkillers in Korea and how when people had diseases like migraine headaches or chronic pain or different mental illnesses that the Western medical doctors couldn't help.

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They would often send them to these folk killers that lived out in the country that were wiki shamans.

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Yeah.

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They are often would find that these people had these different spiritual entities or whatever it was and they would do processes to help them clear it.

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9 33. Yeah.

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These people would often become, you know, very you know, functional and maybe make great contributions and become healers.

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So there's a lot more to it why people have illness and pain than we often acknowledge.

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Oh, not safe for work.

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Not. Oh, Brian, I'm not sure what the question is about not safe for work, so you have to explain that a little more.

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Yeah.

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I see, I'm going to remove the spotlight so we can't see each other here, turned the end.

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So I really, this is a great group. I appreciate the depth of your questions and your comments and your interest in this.

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It's probably been a privilege and an honor to share with you here this morning.

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This is a really vital time that we're in. And probably anybody could say that at any time, you know, 10 years ago, 20 years ago.

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But this is unprecedented and we've moved into the 9th wave and 2,011.

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And nothing is as it seems to our mind. It's kind of like our minds are lagging way behind believing the way it used to be or what we think the world is.

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So it takes a lot of courage and it takes a lot of desire of the heart to want to awaken from this.

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And just open your mouth and talk about what's true. So even if it rocks the boat sometimes.

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Brian, us again. What's your opinion on entities? Angels, demons, spirits in general.

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I work with them and they 100% exist.

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Yeah, there's all kinds of, and beings around. We're certainly not the only ones.

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And one thing about these different entities and beings is that we are multi-dimensional beings. Take that in a moment.

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You're a multi-dimensional being. Our minds are habituated to focus on the 3rd dimension and part of the 4th dimension.

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The 3rd dimension is the physical and the 4th dimension might be the mind and different realms of the subconscious and all that altered states and lot of all that kind of stuff and also the light entities and the dark entities.

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Now all exist on the 4th dimension.

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And there's a huge amount of manipulative energies coming through the 4th dimension toward us right now that's overwhelming at this time.

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It gets even more hyped up in a election year. But the 5th dimension is the 1st dimension where there's no duality.

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There's not positive and negative and dark entities, a light entities. There's only oneness and only love.

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So is possible. To learn to attune our consciousness to learn, live more in the 5th dimension and higher.

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And that's not just some pie in the sky abstraction, it's something you can feel and your physical body.

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You can rewire your nervous system to be more in 5 D. And again, the practices, you know, the ascension, I've learned so many meditation practices in my life, you know, hundreds of them since I went to India in my in my teenage years.

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And the ones I put in my book and in that new video course I talked about are the ones I feel are the greatest for actually anchoring five-D in your physical body in your everyday life rather than just some altered state you have once in a while when you're in Machu Picchu or something like that.

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Yeah.

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I have a follow-up on one of your slides. You were, you were talking about releasing and add the word implants.

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Yeah.

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Is that a? Physical implant or is that spiritual or one of these negative entity implants what what were you referring to in terms of implants?

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Oh yeah, thank you. Well, one of the methods that I've developed that I teach in my classes is called multi-dimensional clearing and it's The practitioners I've taught it to really love this because in a few minutes you can go through a series of questions using Kinesiology to determine what kind of baggage or residue do the person's carrying.

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And implants are one of them. It's like spiritual detective work. So the way I understand and implant and I've experienced it too is that It's a program running in your subconscious mind.

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That's like buggy software. That you may have brought in either intentionally or someone put in you because at some point you opened yourself to it maybe or got tricked into it or whatever it is.

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And it's like a piece of buggy software that keeps running in your subconscious mind, creating a virtual groundhog's day in your life, like some kind of limited or negative experience just keeps recurring over and over and over and over and over and over and you know you go to all these healers or satirists or take ayahuasca, where they try all these things, but it just keeps

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recurring. That's an implant. It's like something that limits a person. That it's very hard to understand.

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And I have gone through a lot of those implants. I remember years where I just really was so clear that I had them.

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I didn't know how to clear them. And now I see that. The way to clear everything is through connection with Divine with allowing the divine energy to have its way with you and to replace a lot of that old buddy programming.

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That's part of the press of quantum healing. Yeah, thanks for asking that. So implants are part of the residue that many of us carry.

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Got it. I was, we, get a number of inquiries of people who believe they have.

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Physically been implanted with something, you know, the term psychotronics has a negative concept that's been purposely put out there.

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To act as a negative view of this and so that people are always looking for sources of having these implants be.

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Eliminated from their lives. Whether they think it's a physical thing or a cyclotronic type thing.

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So I do run into people who are looking for implant. Okay.

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Right. Yeah, that's true. I mean, there's some very heavy-duty stuff that a lot of us are carrying.

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And you know, one of the old phrases that you probably heard is your bliss meter, like your bliss meter is like the more light and happy and healthy you feel that that means that you're probably relatively free of a lot of that heavy, you know, resident, you know, baggage and conditioning.

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But to the extent that we don't feel that way, there's usually something going on. On a level that's often unseen.

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And your part of master is. Learning to feel those things and you know, transform them. But yeah, there's a lot of just such major stuff going on.

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I'm so concerned about young people in our country because they're being implanted with a lot of stuff they're being constantly on social media and a lot of the other influences are going on.

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I won't get into a while that, you know, that's a big conversation itself, but.

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But it's something that We, you know, again, each of us has the ability to. Help other people to step out of some of this stuff

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The quantum field is an experience that's available to everybody and to the extent that we can open our minds and our bodies to your nervous system to sense the quantum field, it starts unwinding a lot of that old baggage.

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But again, I found it happens way more strongly in conscious groups. That's why I'm so enthusiastic about groups because when groups of light workers come together, people who are doing their inner work and are interested in meditation interested in the truth and stepping out of a lot of the lies and illusion.

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It greatly amplifies this clearing process.

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So I actually have every Tuesday morning I offer a 30 min quantum meditation free of charge. It's on Zoom.

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And if you're scan on my list, you'll send me an email and has to be on the list.

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You'll get invitations to those and they're very powerful. They happen every week and I also have other groups online like one every other Thursday I have one called the Lightworker Awakening and Empowerment Group on Zoom.

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Again, it's just by donation. There's no fee for it. And a lot of transformation happens on those.

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One last thing I'll say about my own offerings is For people that really want to professionally embody quantum healing and upgrade what they're doing to this higher level and offer a four-month program called the Quantum Master Course.

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Where it's a real deep dive into regular meetings in person and also on Zoom with a group of people.

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People go through these remarkable shifts and you know learn how to do quantum helix for others. So what things I offer range from free to you know things like that that are really professional development.

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People who really want to go into this type of work. Or added to what you're already doing.

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I see something here from a couple more. Are we out of time now? Cause there's more questions.

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I know, we, we can, let's finish up these last 3 questions or so.

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Okay, so, Scott, no, I have, I have heard of Dan Winter, Dean, that I'm not really familiar with that work.

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Pamel, again, ask opinion of family constellations to clear physical ancestral wounds and patterns.

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I think it's a wonderful system. I've been in several family constellations and I don't personally practice it, but I think it's great.

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I think anything that helps you to bring subconscious material out in the surface where you see in a different way is really valuable.

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But part of the quantum healing I work with does clear ancestral patterns in different ways like that. Kelly said I've done a quantum leap, a quantum jump for a healing operation, but pain keeps coming back.

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I said necessary to redo a quantum operation. Oh, that's another great question, Kelly. Yeah, I've heard that so many times that people go to different healers and different experiences.

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The thing clears but then it comes back. It's like what I was talking about groundhogs day.

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Where there is some pattern that where the core of the pattern has not yet been cleared. Yeah, you've gotten part of it.

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And so that's the challenge of true healing of the master healing is. To actually connect with the deepest core of that pattern.

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And receive the support so that And basically, nobody else can heal you. Like, that's none of us are healers.

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Like, I'm not a healer. Nobody's a healer. Everyone really taps into the quantum master healer field themselves, but we can act as catalysts or facilitators or cheerleaders.

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Use a lot of techniques that help people. But I'll say Kelly, it is possible to get to that core of that pain that you're having.

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And I know that you can do it. It's just a matter of getting the right support. Getting, you know, raising your vibration to the point where that can come into the light.

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Janet said, I'm so glad to hear about your Zoom groups. I've been looking for a community like this.

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Thank you so much. Thank you. Grant, we're glad to have you, Janet. We.

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And Carl said, what about miasma's or interferences from ancestors of your DNA who are unaware or no longer have a physical body.

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Yeah, that's 1 of the things that we work with in multi-dimensional clearing is One of the many conditioning aspects is ancestral.

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I know I personally have dealt with heavy ancestral stuff in my life because I'm Jewish and I have tons of relatives who perished in the concentration camps in just a generation or so before me.

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And I grew up as a very sensitive empath where I could feel those people. I could feel their suffering and it drove me nuts because I had Pretty nice parents.

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I mean, they had their hang-ups, but they were good to me. I couldn't blame them for all this but I felt like I had gone through the concentration camps myself on an emotional level when I was growing up and I just know it drove me nuts.

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Until I started realizing that. Something about it. I was feeling the energy of my ancestors and I had to, and I had agreed to clear some of that in this lifetime.

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So I've done a ton of work. And now I feel, you know, much lighter about it.

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But again, All of us are a reflection of our ancestors as well as our own past lives as well as our soul groups we're in.

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There's so much that we're not taught in kindergarten or any other grade. That goes into why we experience the things we do.

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But the thing is, the solution to all of it is to open yourself. To feel the pure love of the quantum field and allowing it to transform like a spiritual out spiritual alchemy is one more come you know like concept is when you're willing to feel your own pain not run from it and then at the same time allow this quantum energy to percolate and then at the same time allow this quantum energy to percolate and kind of

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marinate through your own pain. Magic happens. Most of us run from the pain wanted to go away.

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We want to pretend it's not there or try to rise above it with spiritual practices or whatever it is.

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But eventually you realize you can't run away from yourself. And you can bring this incredible light into that place.

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And again, when you're with more people supporting you, that's greatly activated. And that's what I call the true healing miracles.

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God.

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Fantastic, Darren. Fantastic. I did want to make a comment. We do have some Dan Winter talks, on our website and he did a master class presentation a couple of years back.

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Yeah.

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Dean Radon is also talked at USPA by a teleconferencing and he's with no edicts and he's the one who's done Measurements as you've been talking about Darren of of groups and how they can respond.

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A machine can respond to a group like at Burning Man or or some event in the world and he he was one of the creators of those experiments and does many more things that emphasize some of these ideas that you're talking about.

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Craig.

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This is really been a pleasure. Working with your group here.

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Yes, we had a great time today and we look forward to having you back maybe in person. At some point and We thank you so much.

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Yeah, thank you everybody for showing up on this Saturday and coming and participating. All the wonderful questions and shares that everybody had.

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Thank you so much.

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And just as a reminder, we, we will have this posted within 48 h in the members only area or for sale and other presentations in 2 weeks.

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Dan Mangum. We'll talk about French radiesthesia, the subtle energy spectrum and radionics.

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And then an interview with Stanley Kripner, America's most famous para psychologist researcher who did a lot of work on dream telepathy.

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So some very interesting talks coming up and then our midsummer specials in July and August when we usually have a conference.

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Have some members only events to thank the 400 plus members that we have. And we hope that you keep following.

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And stay tuned. So thank you very much for all that. And again, thank you, Darren.

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I got a few more, bits of wisdom and ideas to face. Face what I need to face and hope you did as well.

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Yeah. Yeah, Scott, thank you for all the work you do to keep bringing these meetings together for so many years.

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I'm ever, you know, working with you all those years ago. So thanks for continuing to do it.

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Very good. Thank you. Okay, everybody. Thanks.

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Thanks so much.

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Bye.

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Bye.

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Thank you. Bye.