



**Homecare Worksheets Download**

for students enrolled in the

# **USPA Masterclass 51**

February 10, 2024

*Radionic Gardening and Home Care*

with Lutie Larsen

from **Little Farm Research**



# First Aid Conditions

## First Aid

### Evaluation Program

37-22	Aura Co-ordination
34-84	Acid Balance
26-41	Alkaline Balance
18.5-24	Electrolyte Balance
16-59	Emotional Stability
35.5-100	Bleeding
36-36.5	Blisters
72-98	Blood Poisoning
08-85	Bruise
20.5-17.75	Burns
30-37	Choking
22.25-16.5	Concussion
23.6-10	Cramps
00-9.5	Crushed Fingers
48.5-55	Dehydration
80-80.7	Drowning
18-76	Eye Injury
38.7-40	Faint
65-78.25	Foreign Object
98-47	Fracture
38-40	Heart Attack
20.5-07	Heat Disorders
36-32	Hiccough
96-71	Hyperactivity
33.25-14.5	Muscle Trauma
40-32	Nausea
70-75	Poisoning
80-43	Shock
70-99	Sprain
24.7-42.5	Wounds

First aid situations require immediate action. These types of conditions are bound to occur from time to time no matter how dull our life may seem. Things just sometimes happen that can cause injury that can be either great or small. Having some guidelines or some necessary rates available for immediate use can make a difference often in the time necessary for healing. First aid situations also require attention on more than one level at the same time. When a child gets hurt, or any person for that matter, they often want to be reassured that they will be all right. Although this can be done with words and comfort, it is on an emotional level. When pain is felt, emotions get involved. The pain can trigger an experience from the past that was also painful. If this other pain was not completely released or acknowledged then, it will resurface in the present.

In the beginning, radionics is not the most important thing that needs be done. If someone has a broken leg or is bleeding heavily, it is more important to get the injury taken care of. There will be time to support healing with later. Radionic rates, while useful and effective, do not take the place for medical care. A broken bone still needs to be set. An open wound still needs to be closed. Medical attention in most cases will help the healing process begin more quickly.

Having a medical kit available is important for this beginning stage. Once the band-aids and ointments or trips to the doctor have been done, healing can occur. A radionic medical kit can include work that was done previously to create programs or rate lists for dealing with the basic conditions involved with first aid situations. The most common ones are listed in the evaluation on the other side of this article. A short program or list of rates for releasing these conditions would be a good preparation for emergency situations. This would provide more tools when the time comes as well as the peace that comes with being prepared.

Releasing shock and trauma is one of the first things that need to be done after the injury has received the medical attention that it needs. Releasing the shock and trauma prior to this can increase the pain that is being felt. Releasing shock especially makes pain more keenly felt. Pain can also be released, but it is best that it not be completely cleared initially. This will keep re-injury from occurring as the area heals. Pain is the body's way of letting us know that there is a problem.

As stated before, emotions can be dealt during first aid crisis times with using caring words or just by expressing the feeling or feelings being felt and having those feelings validated. Sometimes this happens right away. Sometimes it happens after the injury has started healing or even after the surface healing has already occurred. Being aware of emotions when working with healing will increase the effectiveness of the work being done.

# First Aid Evaluation

<i>General Vitality</i>	9-49
<i>Aura Coordination</i>	37-22
<i>Aura Distortion</i>	43-28
<i>Acidity</i>	34-84
<i>Alkalinity</i>	26-41
<i>Hope</i>	70-95
<i>White Light</i>	12-22

## **First Aid Conditions**

Allergic Reactions	27.75-9.5/33.75-12
Anaphylactic Shock	46.75-15.5/16.75-18
Blockage to Blood Flow	32.5-13.5/3.75-26
Blockage in Cranial Fluid Flow	42-31.5/8.75-35.5
Electrolytes	18.5-24
Emotional Stability	16-59
Bleeding	35.5-100
Blisters	36-36.5
Blood Poisoning	72-98
Bruises	8-85
Burns	20.5-17.75
Carbon Dioxide Poisoning	28.25-10/9.25-9.25
Choking	30-37
Concussion	22.25-16.5
Cramps	23.6-10
Crushed Fingers	00-9.5
Dehydration	62.3-54.5
Drowning	80-80.5
Eye Injury	18-76
Fainting	38.7-40
Foreign Object	65-78.25
Fracture	98-47
Heart Attack	38-40
Heat Disorder	20.5-7
Hiccough	36-32
Hyperactivity	96-71
Hypersensitivity	96-55
Infection	12-15.5
Injury	48.25-26/22.5-31.5
Muscle Trauma	33.25-14.25
Nausea	40.32
Pain	79.5-00
Poisoning	70-75
Shock	80-43
Sprain	70-99
Wounds	24.7-42.5

# First Aid Emergency Program

ADDDRVNOWAM I create a HEALING SANCTURAY.

43-28 CLEAR Aura Distortion  
80-43 RELEASE Shock  
20-90 REDUCE Reduce Pain  
906 2755 ALIGN Align Chakras  
706 2704 RELEASE Release Physical Injury  
158 5455 REMOVE Overstimulation  
I can RELAX any time I desire.  
I CONTROL my life and FORGIVE everyone.  
I have complete SELF ASSURANCE.  
12-22 I am filled with WHITE LIGHT.

One of the most useful programs for accidents and injuries is the First Aid Emergency Program. Although originally designed for animals, this program has worked very well with all living creatures, especially people. This program is set up to balance whatever conditions happen to be present in the crisis. This gives the researcher time to be with the injured party completing the physical tasks whether it is just offering reassurance, stopping any fluid loss or going to a hospital. This is one of those programs that is good to have on hand and programmed into an instrument if possible.

First Aid, as the name implies is done first in such situations. Being aware of the need to release shock and trauma and re-align the general energy fields can save time during the next phase in the healing process. During this first stage, use your observation skills as well as any rates that seem to be appropriate. Look for any signs of trauma or pain. Also be aware that when the shock of an injury is released, the pain level usually goes up for a while. The shock of the injury disguises the level of pain that is actually there. If necessary, a single rate for pain can also be used interchangeably with this program or a series of rates for shock and trauma.

Once the initial crisis has past, other rates can be balanced and other programs can be used. Some of the rates to check are listed below. Always check the General Vitality (9-49) first, note it and compare it to the measurements of the negative conditions below if you need help in determining which rates to use.

## Different Shocks

80-43 Shock  
87-59 Shock Aftermath  
58-77 Shock, emotional and mental

## Traumas

10.25-24 Trauma  
55.5-65.5 Trauma of Head and Spine  
21.75-17.2 Trauma, Shock from

## Negative Emotions

14-30 Fear  
69.5-59 Hurt  
20-12 Self-condemnation  
45.25-37.75 Violence

## Positive Emotions

10-72 Longevity

## What Really Bugs You!

Its summer time and although the great outdoors is inviting, we must all deal with bugs, particularly biting bugs. Mosquitoes, ticks, flies, wasps, and bees. After a few nights of bites, we are very likely to go to the store for an insect repellent. Many (over 400) insect repellents on the market contain DEET, a powerful insecticide. The skin can absorb more than 50% of this poison and often the body reacts. These reactions range from rashes and lethargy to muscle spasms, nausea, and extreme irritation. An extreme reaction to DEET could result in a seizure.

Radionic evaluation involving the use of DEET sprays shows serious drops in the vitality of IDF's associated with the skin, nervous system and circulation. The IDS associated with the immune system has either shown depressed vitality or hyperactivity. It is not a health supportive solution to bugs and their bites.

Bites and stings are balanced initially with the IDF settings 40-85, 55-85, or 72-85. If an obvious reaction in the skin appears, try balancing with the organ rates, 45-29 for Left lobe of the liver, 43-53 for the Pancreas, 16-25 for the duodenum and 15.5-22.5 for the immune system. If there appears to be emotional or mental reaction, try 80-43 for shock and/or the setting for Rescue Remedy. On page 7 are programs for healing bites and stings and repelling insects.

Sometimes a person can become sensitized by the venom either from a bee or a wasp. They can experience anaphylactic shock. The IDF setting for Anaphylactic reaction is 35-65. Anaphylactic shock is characterized by shortness of breath, nausea, dizziness, and even unconsciousness. Emergency care should immediately be taken. Severe symptoms can result in death. Below

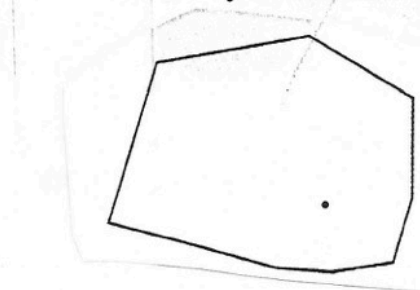
is a geometric for insect bites taken from the "Paper Doctor" by Don Gerrard to be used to prepare a potentised remedy. Also included is a geometric developed for "First Aid". These geometrics can be used with a magnet and potentized into water or as a geometric card projected via the input cell of a radionic instrument.

The simplest way and the one we like best to prevent mosquito bites is to take a B-complex vitamin before going up to the mountains or out to the patio. It has to be a potent enough formula. The easiest way to tell if the B-complex is potent enough is if you notice a discoloration in your urine of either bright yellow or orange.

Geometric for Potentising Remedy

### Insect Bites

taken from The Paper Doctor  
by Don Gerrard



Geometric for Potentising Remedy

### First Aid (reduced 65%)

taken from The Paper Doctor  
by Don Gerrard

