



PMH ATWATER PRESENTS

Near-Death Experiences

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THE FOUR TYPES OF NEAR-DEATH EXPERIENCES

1. Initial Experience - sometimes referred to as the "non-experience" (an awakening).

Involves only one ... maybe two or three ... elements, such as a loving nothingness, the living dark, a friendly voice, a brief out-of-body experience, or a manifestation of some type.

Usually experienced by those who seem to need the least amount of evidence for proof of survival, or who need the least amount of shakeup in their lives at that point in time. Often, this becomes a "seed" experience or an introduction to other ways of perceiving and recognizing reality. Rarely is any other element present.

Incident rate: 76% with child experiencers
 20% with adult experiencers

(Types of Near Death Experiences)

2. Unpleasant and/or Hell-Like Experience - sometimes referred to as "*distressing*" (*inner cleansing and self-confrontational*).

Encounter with a threatening *void*, stark limbo, or hellish purgatory, or scenes of a startling and unexpected indifference (like being shunned), even "hauntings" from one's own past.

Scenarios usually experienced by those who seem to *have* deeply suppressed or repressed guilt, fear, and anger, and/or those who expect some kind of punishment or discomfort after death. Life reviews common. Some have life previews.

Incident rate: 3% with child experiencers

15% with adult experiencers

(Types of Near Death Experiences)

3. Pleasant and/or Heaven-Like Experience - *sometimes referred to as "radiant" (reassurance and self-validation).*

Heaven-like scenarios of loving family reunions with those who have died previously, reassuring religious figures or light beings, validation that life counts, affirmative and inspiring dialogue.

Scenarios usually experienced by those who most need to know how loved they are and how important life is and how every effort has a purpose in the overall scheme of things. Life reviews common. Some have life previews.

Incident rate: 19% with child experiencers
 47% with adult experiencers

(Types of Near Death Experiences)

4. Transcendent Experience - sometimes referred to as "collective universality" (expansive revelations, alternate realities).

Exposure to otherworldly dimensions and scenes beyond the individual's frame of reference; sometimes includes revelations of greater truths. Seldom personal in content.

Scenarios usually experienced by those who are ready for a "mind stretching" challenge and/or individuals who are more apt to use (to whatever degree) the truths that are revealed to them. Life reviews rare. Collective previews common (the world's future, evolutionary changes, etc.).

Incident rate: 2% with child experiencers
 18% with adult experiencers

INTEGRATION PHASES NEAR-DEATH EXPERIENCERS

"GROW" THROUGH:

Phase One: *First 3 years* -

Impersonal, detached from ego identity/personality traits.

Caught up in desire to express unconditional love and oneness with all life. Fearless, knowing, vivid psychic displays, substantially more or less energy, more or less sexual, spontaneous surges of energy, a hunger to learn more and do more.

Childlike mannerisms with adults/adult-like behaviors with children, a heightened sense of curiosity and wonder, IQ enhancements, much confusion, challenged with communication. REBIRTHING.

(INTEGRATION PHASES)

Phase Two: Next 4 Years

Rediscovery of and concerned with relationships, family, and community.

Service and healing oriented. Interested in projects development and work environment.

Tend to realign or alter life roles; seek to reconnect with one's fellows, especially in a moral or spiritual way.

Unusually more or less active/contemplative.

Can resume former lifestyle, but more desirous of carrying out "mission." RETRAINING.

Note: Child experiencers in my study who turned to alcohol for solace (1/3), began drinking during this phase.

(INTEGRATION PHASES)

Phase Three: After the 7th year-

More practical and discerning, often back-to-work but with a broader worldview and a confident attitude.

Aware of self-worth and of "real" identity (soul). Tend toward self-governance and self-responsibility.

Spiritual development an ongoing priority, along with sharing one's story and its meaning.

Dedicated. Strong sense of spiritual values. REBORN.

(INTEGRATION PHASES)

Phase Four: *Around 15th year (with some 10th or 12th year)-*
More practical and discerning, often back-to-work but with a broader worldview and a confident attitude.

Immense fluctuations in mood and hormonal levels. Often discouraged or depressed while go through a period of "grieving" _ reassessing gains and losses from the experience, while fearful that effects are fading.

Many problems with relationships, money, and debts. A crisis of "self." If can negotiate "the darkness light can bring," a depth of spiritual maturity and confidence emerges that is unique to the long-term effects of a transformation of consciousness. BORN AGAIN.

Note: Child experiencers who attempted suicide (21 %), did so in this phase.

COMMON TRAITS OF A NEAR-DEATH EXPERIENCER AFTERWARDS

The **most common traits** of healthy (normal) near-death experiencers afterwards, irrespective of age, are as follows. Some exhibit more or less, but this is average.

- Unusually empathetic, rich inner lives, some healing ability .
- Complex, vivid dreams, good recall.
- Highly perceptive, creative, intuitive, strong feelings (especially of love) .
- Faculties enhanced, synesthesia (conjoined senses), psychic ability .
- Susceptible to environmental changes, more allergies than before .
- Sense of being able to merge with others and with nature .
- Surplus energy for many (with others less), restless, curious .
- Strong reactions to positive/negative sensory stimuli .

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COMMON TRAITS OF A NEAR-DEATH EXPERIENCER AFTERWARDS – Continued

- Much in the way of visuals, aesthetic awareness, knowing .
- Intense focus, love to question, hunger for knowledge .
- Feel things deeply, can have past-life/anomalous memories
- Identify more with soul than self, mystical awareness .
- Comfortable with things future and otherworldly states/beings .
- Can at times influence physical objects, electrical sensitivity
- Out-of-body experiences can sometimes continue .
- Tend toward self-deception, need to relearn basic cautions .
- Tend to identify life as a waking dream.

*Wake up psychologists and psychiatrists!
This is normal for millions of people.*

PHYSIOLOGICAL AFTEREFFECTS OF NEAR-DEATH STATES:

Most Common *Physiological* (between 80 to 95%)

- More sensitive to light, especially sunlight, and to sound (tastes in music change);
- Look younger/act younger/more playful (with adults) - or
- Look older/act and seem more mature (with children);
- Substantial change in energy levels (can have energy surges);
- Changes in thought processing (switch from sequential/selective thinking to clustered/ abstracting, with an acceptance of ambiguity);
- Insatiable curiosity;
- Lower blood pressure;
- Bright skin and eyes;
- Reversal of brain hemisphere dominance commonplace; heal quicker.

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PHYSIOLOGICAL AFTEREFFECTS OF NEAR-DEATH STATES:

Quite Common PHYSIOLOGICAL (50 to 79%) –

- Reversal of body clock,
- Electrical sensitivity,
- Heightened intelligence,
- Metabolic changes (doesn't take as long to process food, bowel movements can increase);
- Assimilate substances into bloodstream quicker (takes less of something for full effect);
- Loss of pharmaceutical tolerance (many turn to alternative/complimentary healing modalities);
- Heightened response to taste/touch/texture/smell/pressure;
- More creative and inventive;
- Synesthesia (multiple sensing): increased allergies;
- Preference for more vegetables, less meat (with adults) - more meat, less vegetables (with children);
- Latent talents surface; indications of brain structure/function changes (also to nervous and digestive systems, skin sensitivity).

*Most Common **PSYCHOLOGICAL** (between 80 to 99%) –*

- loss of the fear of death;
- become more spiritual/less religious;
- more generous and charitable;
- handle stress easier; philosophical;
- more open and accepting of the new and different;
- disregard for time and schedules;
- regard things as new even when they're not (boredom levels decrease);
- form expansive concepts of love while at the same time challenged to initiate and maintain satisfying relationships;
- become psychic/intuitive;
- know things (closer connection to Deity/God, prayerful);
- deal with bouts of depression; less competitive.

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PSYCHOLOGICAL AFTEREFFECTS OF NEAR-DEATH STATES:

Quite Common PSYCHOLOGICAL (50 to 79%) –

- displays of psychic phenomena;
- vivid dreams and visions; "inner child" issues exaggerate;
- convinced of life purpose/mission;
- rejection of previous limitations/norms;
- episodes of future knowing common;
- more detached and objective (dissociation);
- "merge" easily (absorption);
- hunger for knowledge;
- difficulty communicating and with language;
- can go through deep periods of depression and feelings of alienation from others;
- synchronicity commonplace;
- more or less sexual;
- less desire for possessions and money;
- service oriented;
- healing ability; attract animals (good with plants); aware of invisible energy fields/auras;
- preference for open doors and open windows/shades;
- drawn to crystals; laugh more;
- adults lighter afterwards - children wiser, more serious, bonding to parents lessens.

Data Basis

**Figures in these slides
are based on sessions with
3,000 plus adult and
277 child experiencers!**

A Colloidal Condition / Colloids

The colloidal state is a peculiar in-between condition which results when forces suddenly collapse, then converge.

This in-between state creates anti-force, which is antigravity. Particles caught in this unique state between implosion and explosion transmute, and remain forever changed by that transmutation.

On a molecular level, these particles show evidence of enlargement and of having taken on different and enhanced characteristics.

To better understand what a colloidal condition is, let's use water as an example. Rotate a vat of water. Spin the water. Round and round. Faster and faster. Then stop the direction of the spin. Stop it dead in the water and reverse the direction.

When you stopped the spin, the water collapsed into itself creating an implosion. But just before you initiated a reverse spin, where the water could explode back out, conditions mysteriously changed and both the water and everything contained within the water were briefly held in suspension.

This is called a colloidal condition and particles caught therein are referred to a colloids.

There's more: right after the vortex of spin collapsed, surface tension increased dramatically, then antigravity ensued.

And antigravity continues to exist quite apart and disconnected from the water's movement until the reverse direction of rotation can be generated (or until the condition dissipates because of no further movement).

Know this: gravity does not behave as a force. It behaves as if it were the entrainment of the spin of a smaller object by a larger one (literally the attraction matter has for itself).

When such a spin is suddenly reversed, the entrainment momentarily collapses until the reverse spin can begin. During the collapse, that which was held together by mutual attraction is freed. The same thing can happen to the human brain if suddenly hit, jarred, or severely jiggled, especially during an automobile accident or as a result of a fall. Typically, a colloidal-like suspension of consciousness will follow such trauma, wherein the environmental space appears to expand out as time slows to a standstill.

The individual feels somehow caught in between realities when this occurs, as if he or she had slipped through a crack in time and space and had suddenly become resident in a world "neither here nor there."

This peculiar "feeling" of being suspended in-between realities makes such an impression and has such an affect that it can permanently alter the way the individual regards the world at large and his or her place in it.

Of interest here is that consciousness, even when simply released from the bias of thought (as in a flow state). will behave in a fashion similar to gravity when gravity is freed from the entrainment that seems to have both caused and maintained it. This similarity demonstrates that the same type of collapse followed by a state of suspension, no matter the cause, can lead to sudden mental enhancements that can liberate the individual's potential (thanks to the emergence of antigravity, or antiforce).

The Colloidal state ...

- Forces suddenly collapse, then converge
- A momentary state of suspension results
- Everything caught in that suspension expands and enlarges as antigravity is created
- Inherent or unlimited potential is released
- Whatever is present is imprinted (becomes permanently altered by what happened)
- Whatever is present then transmutes (takes on different characteristics)
- As reversal of motion is completed, forces are restored, suspension ends, but the imprinting (transmutation) remains

A colloid is any particle caught in a colloidal condition. Once suspended in this manner, the particle will automatically enlarge and expand and remain permanently and forever altered by the experience.

ELEMENTS OF A SECOND BIRTH WITH CHILDREN

Note: this is not true in all cases; presented here as a summary statement.

- Those hardly born can undergo what appears to be a second birth.
- Temporal lobe expansion can precede or accelerate natural development.
- The learning curve can reverse itself, placing abstract conceptualization before foundational understanding.
- IQ enhancements and faculty extensions can accompany heightened spatial/non-verbal/sensory-dynamic thinking, giving rise to creative problem solving.
- Sensing multiples can open up whole new worlds of possibility and new dimensions of what is real.

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(Continued) SECOND BIRTH WITH CHILDREN

- Parental bonding lessens, with imprinting to the Other Side a likely result.
- A new or different sense of self and of origin becomes the norm.
- Brain shifts can jumpstart "the engine of evolution," enabling the human species to adapt to ever-changing needs and pressures.
- Spirit shifts can advance attitudes and behaviors toward social justice and moral integrity, as compassion and caring replace the obsessions that drive greed.

Thought: advance technology is returning increasing numbers of children from death's door, who wind up being ideally suited for ... advanced technology.

ELEMENTS OF A SECOND BIRTH WITH ADULTS

Note: this is not true in all cases; presented here as a summary statement.

- Adult experiencers can suddenly appear younger and feel reborn.
- IQ enhancements and faculty extensions can accompany heightend spatial/non-verbal/sensory-dynamic thinking, giving rise to creative problem solving and a more active sense of memory.
- An awareness of "future" can clarify the earth world of time and space, by engendering "rehearsals" that provide for advance preparation in meeting life's demands.
- Sensing multiples can open up whole new worlds of possibility and new dimensions of what is real.

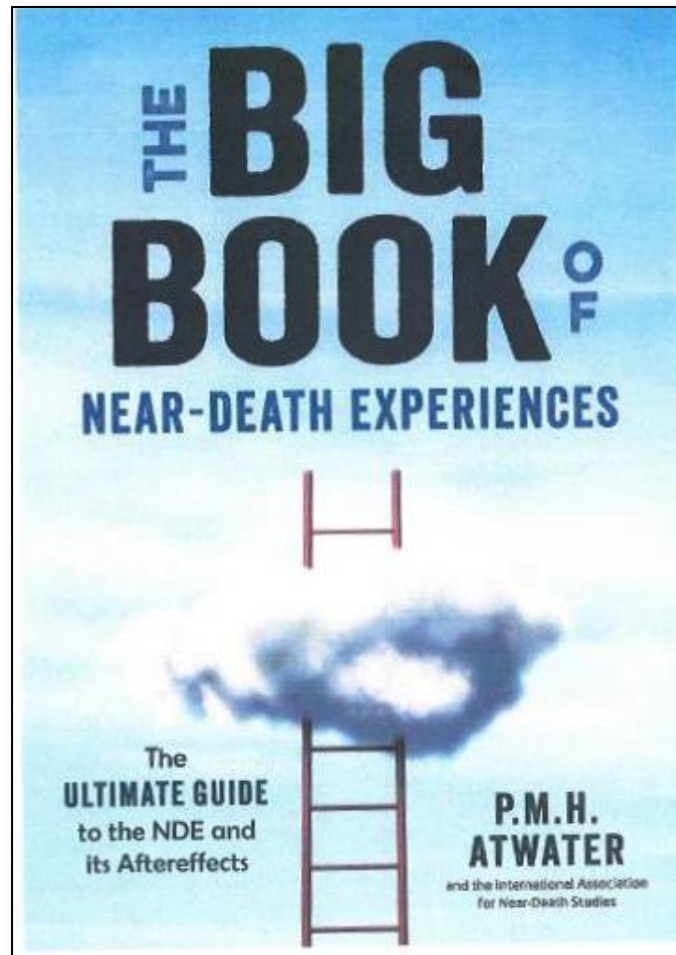
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(Continued) SECOND BIRTH WITH ADULTS

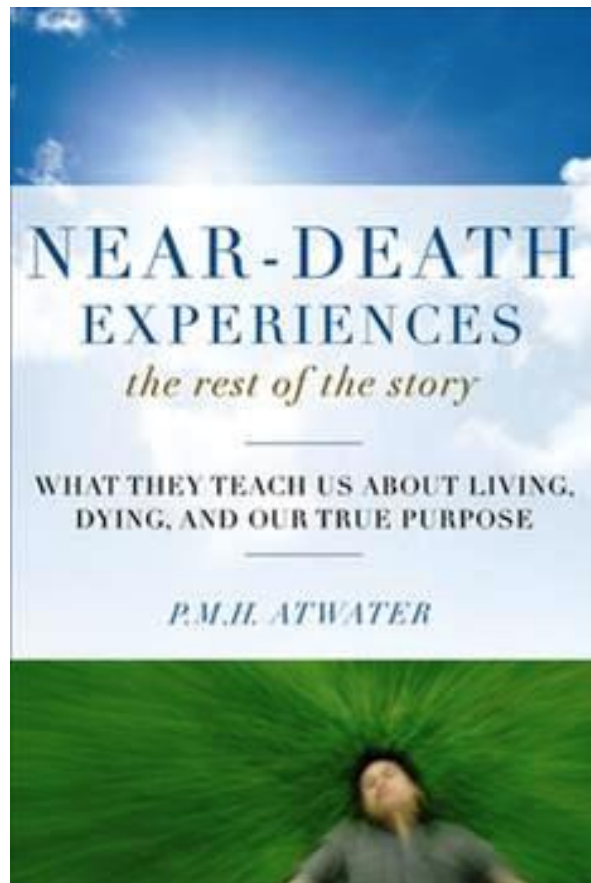
- Brain shifts can jumpstart "the engine of evolution," enabling experiencers of any age to adapt to ever-changing needs and pressures.
- Spirit shifts can advance attitudes and behaviors toward social justice and moral integrity, as compassion and caring replace the obsessions that drive greed.
- The higher mind can emerge as the higher brain develops, thanks to the structural/chemical/electrical changes that occur in the brain after a brain shift.

Thought: the more intense the shift the less tolerance or desire one has for alcohol, tobacco, drugs, chemical products, excesses of sugar and meat.

Book by PMH



Book by PMH





—The—
**FOREVER
ANGELS**



Near-Death Experiences in Childhood
and Their Lifelong Impact

P.M.H. Atwater, L.H.D.

List of Other Books by PMH

- Beyond The Indigo Children
- Beyond The Light, What Isn't Being Told
- Children of the Fifth World, A guide to the Coming Changes of Human Consciousness
- Children of the New Millennium, Children's Near Death Experiences
- Coming Back To Life: The After-Effects of the Near-Death Experience
- Complete Idiot's Guide to Near Death Experiences
- Dying to Know You: Proof of God in the Near-Death Experience
- Dying to Know You: Proof of God in the Near-Death Experience
- Future Memory
- Goddess Runes: A Comprehensive Guide to Casting and Divination With One of the Oldest Known Rune Sets
- The Big Book Of Near Death Experiences
- The Magical Language of Runes
- We Live Forever, the Real Truth about Death
- Edges-a different Life (Newly finished being published soon)

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- Answers
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