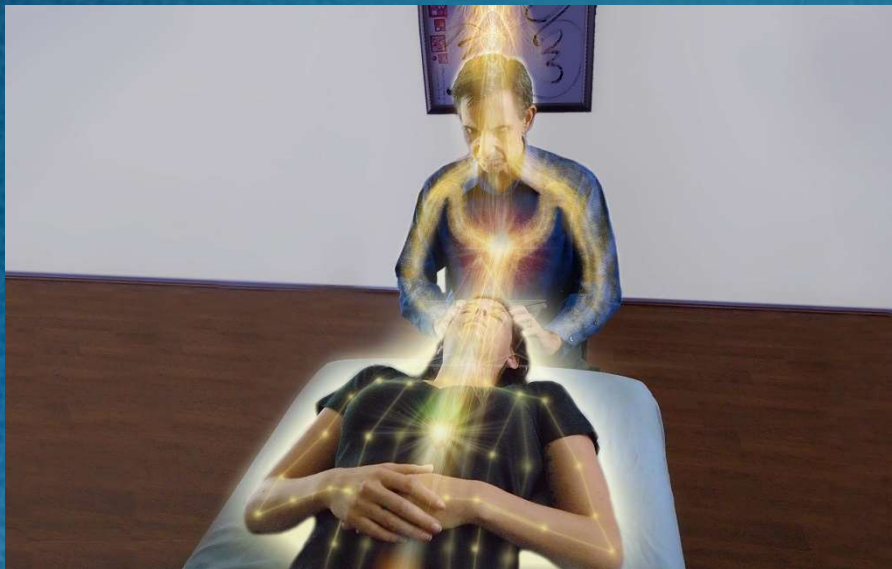


# Healing at a Distance

A Multi-Dimensional Healing System Utilizing  
Vibrational Medicine and Quantum Healing



Darren Starwynn, O.M.D.

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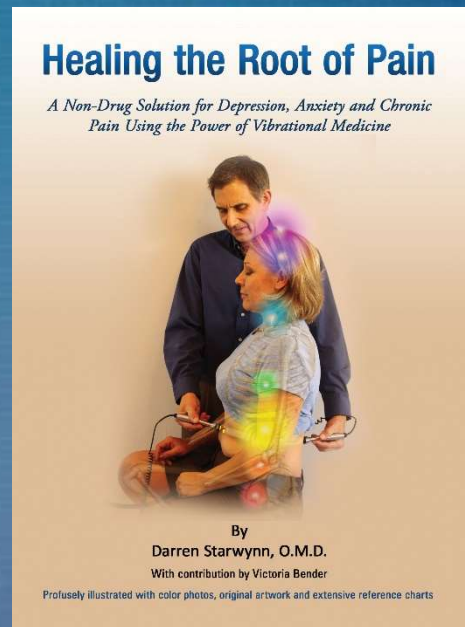
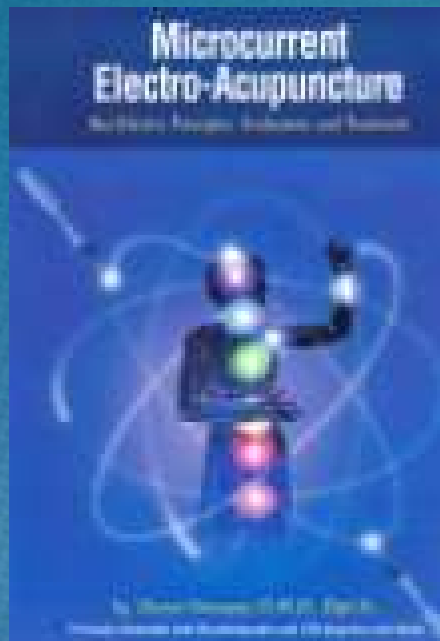
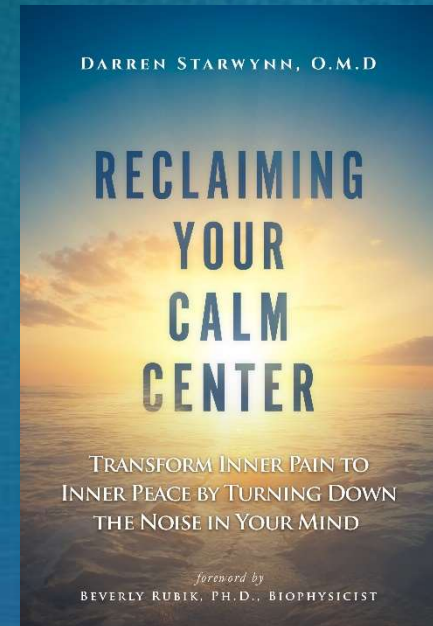
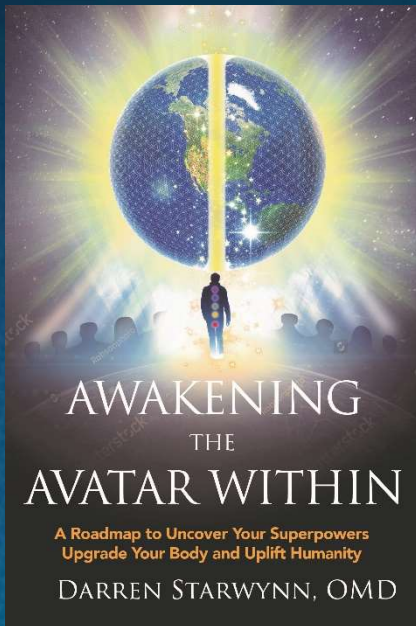
- 35 years experience in Chinese and energy medicine practice
- Spiritual teacher
- Author of four books
- Director, Bridge to Mastery Consciousness Institute & Microlight Institute
- 50 years of meditation & energy healing practice

# Developer of Acutron Microlight System





# My Books



# What You Will Learn Today

- Why Multi-Dimensional healing? The three levels.
- The power of remote healing
- The scientific basis of remote healing
- Five hidden blocks to healing of chronic pain, trauma & depression
- Microcurrent and Microlight therapy overview
- Foundational simple meditation system for embodying your True Self in your body
- How to apply this information and learn more

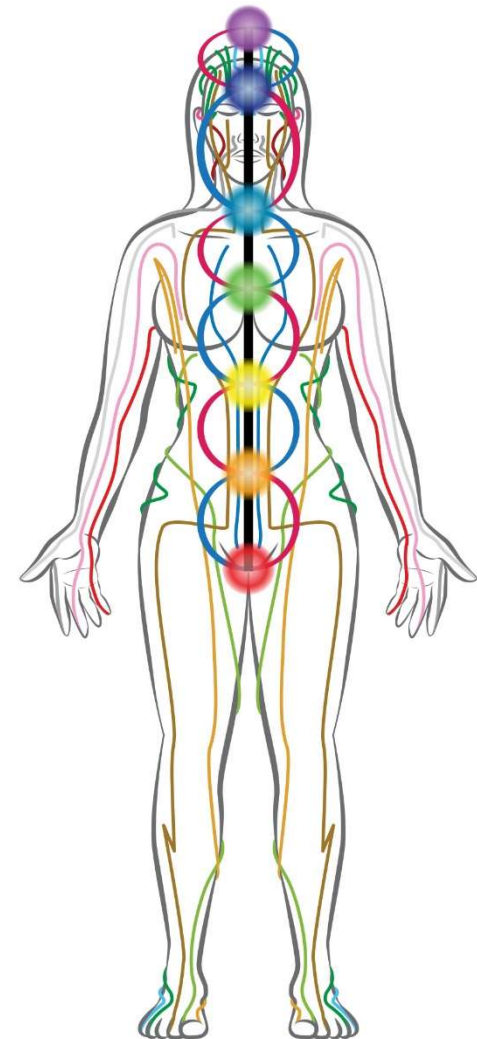


**What are People Going Through Now?**

# Spiritual Awakening

You are in a process of awakening to:

- Remembering who you really are as a spiritual being
- Abilities you didn't know you have
- Your holographic inter-connectedness with everybody and everything
- Higher divine love as your reality
- The truth that everything is energy





# Mass Ascension of Consciousness

There is a quantum leap of consciousness happening on our planet now. While a very positive shift, you may be having symptoms of:

- Feeling unstable, overwhelmed, anxious
- Over-active mind
- Cycling between high states of inspiration & depression
- Feeling deep changes you don't understand
- Time speeding up





## How these factors may affect us:

- Chronic psycho-somatic pain – 80% of chronic pain is emotionally based
- Insomnia
- Inflammation
- Reduced immunity
- Tendency to dwell on fearful or polarized thinking
- Imbalanced brain and autonomic nervous system
- Difficulty feeling inner peace, mind always active (not resting in Heart)

# Information

(Light Medicine, Quantum Healing)



# Energy

(Energy Medicine, Acupuncture)



# Matter

(Physical or Bio-Chemical Medicine)



# The Solution of Vibrational Medicine

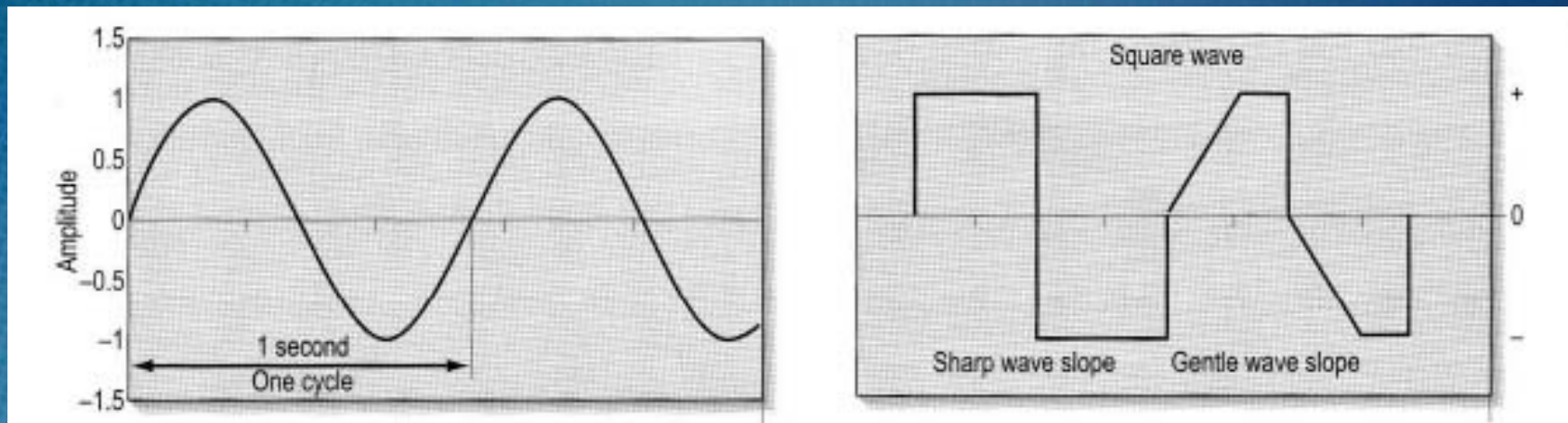
All of these distressing symptoms are reactions to energetic influences. Vibrational medicine is a very direct way to re-balance the body and mind through these modalities:

- Microcurrent therapies / FSM
- Color light therapy
- Sound healing
- Energy healing / Quantum healing
- Potentized substances / homeopathy



# About Microcurrent Therapy

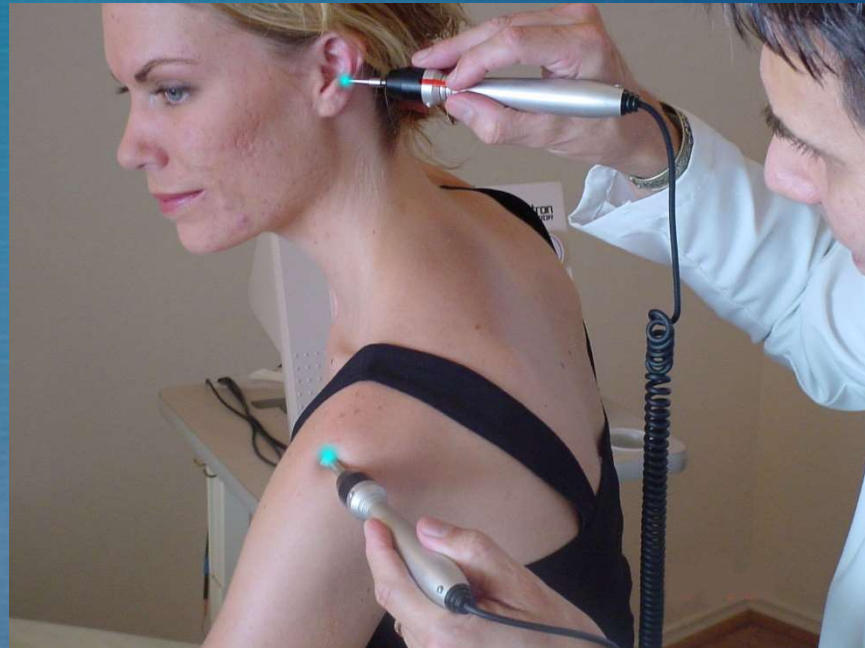
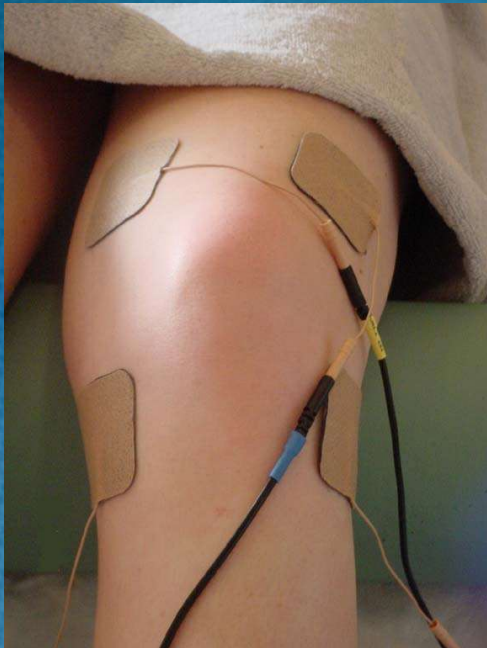
Uses low frequency electric currents in the millionth of an amp ( $\mu\text{A}$ ) range. These strongly affect and resonate with the subtle bio-electricity of the body



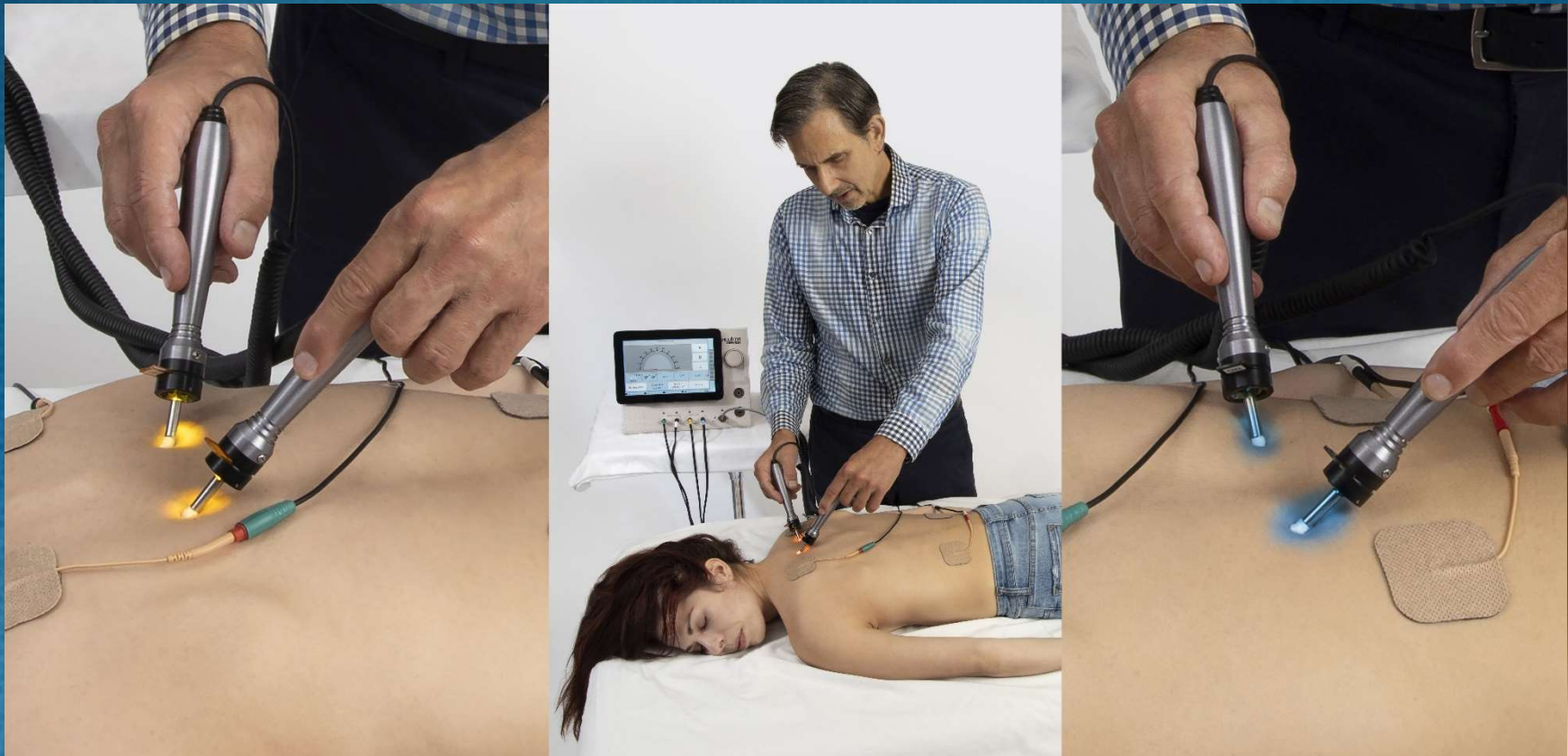


# Applying Microcurrent

Microcurrent therapy is applied through pad electrodes for large regions of the body, or through probe electrodes for acu-points.

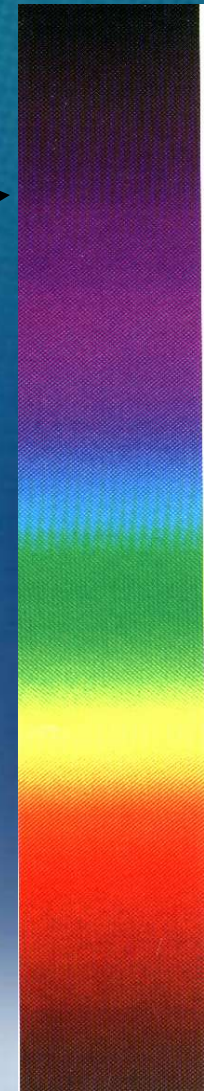
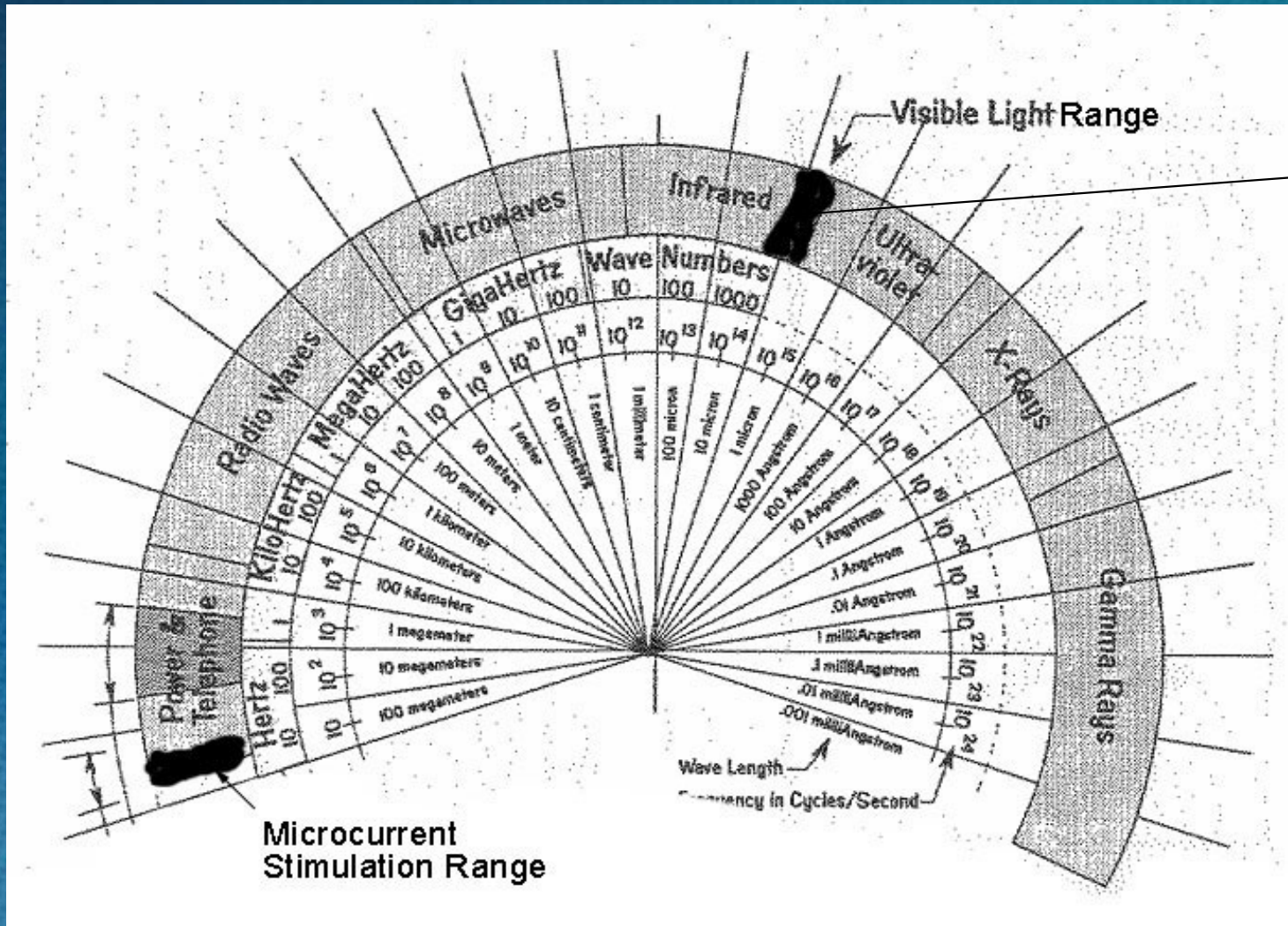


# Acutron Microlight Therapy for Rapid Pain Relief, FSM, Non-Needle Acupuncture, Emotional Healing



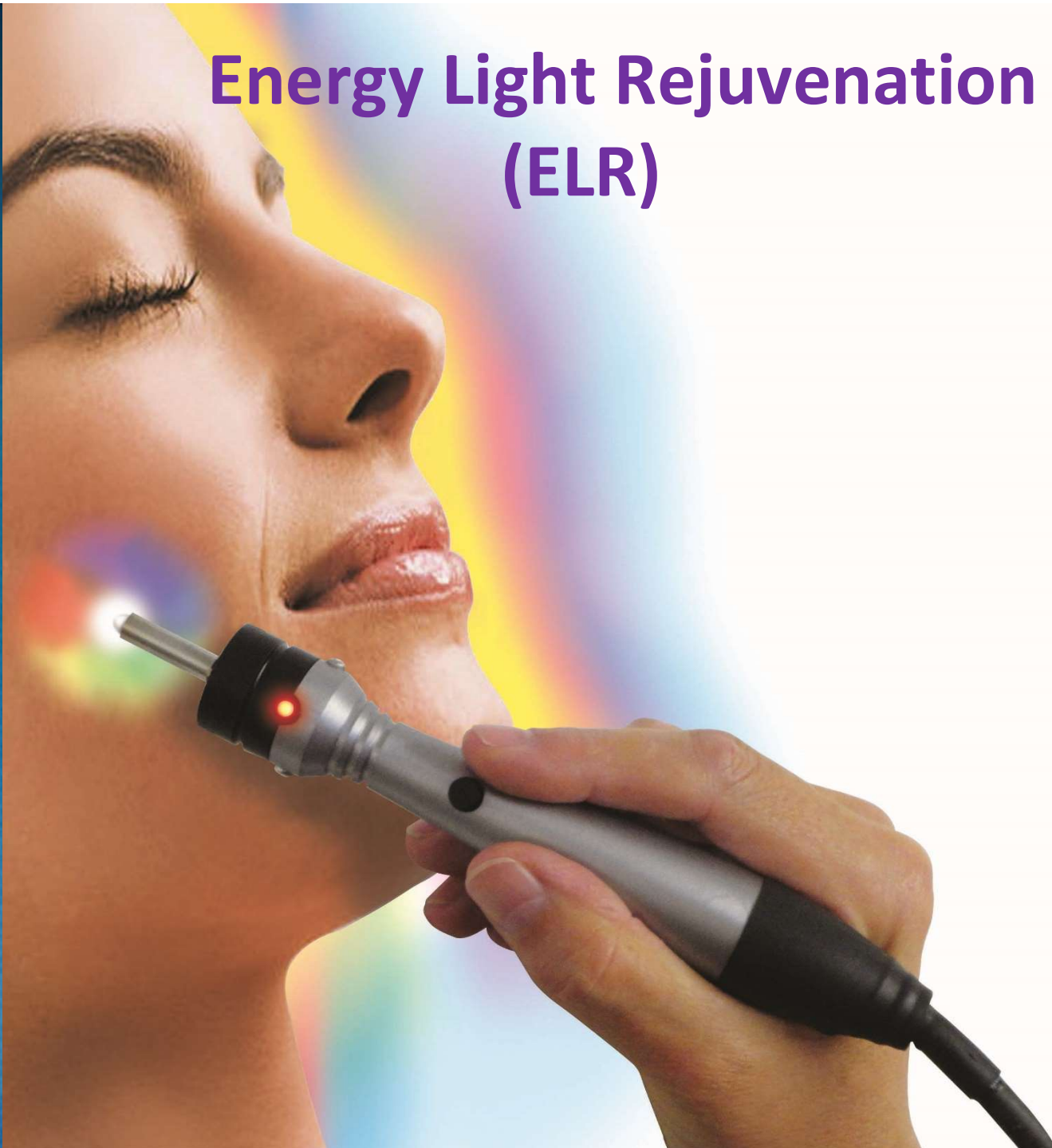


# High-Low Therapy: Electro-Magnetic Spectrum



Diagrams from books "Wheels of Light" by Roslyn Bruyere & "Let There Be Light" by Darius Dinshah

# Energy Light Rejuvenation (ELR)





# Energy Light Rejuvenation

A non-surgical, non-drug system for lifting, toning and anti-aging that is super popular with clients.



# Frequency-Specific Microcurrent

Each frequency (pulse rate) of microcurrent resonates with specific bodily structures and functions and can help balance or heal them

Frequency examples from webinar offered by Carolyn McMakin, 2019

- Treat the nerve +
  - 40 / 94 • accessory nerve-upper trapezius
  - 40 / 10 • for rigid neck muscles
  - 40 / 396 • for neck shoulder msls
- Treat the Subscapularis +
  - 40 / 396 – Reduce subscap tenderness
  - 13 / 396 - In axilla-pin tight spot- MOVE it
- Treat the joint + or +/-
  - 40 / 157 (cartilage), 783, 710 (disc)
  - 40 / 191, 195 (If shoulder pain)
- Treat the cervical muscles
  - 58 / 00, 02, 32 either +/- or +
  - 91, 13 / 142, 77, 62, 396
- Support Secretions, Vitality
  - 81, 49 / 142 +/-



The combination of microcurrent therapy with motion, manual therapies, massage and exercise is synergistic, and often creates rapid resolution of pain and dysfunction

# Electro-Massage





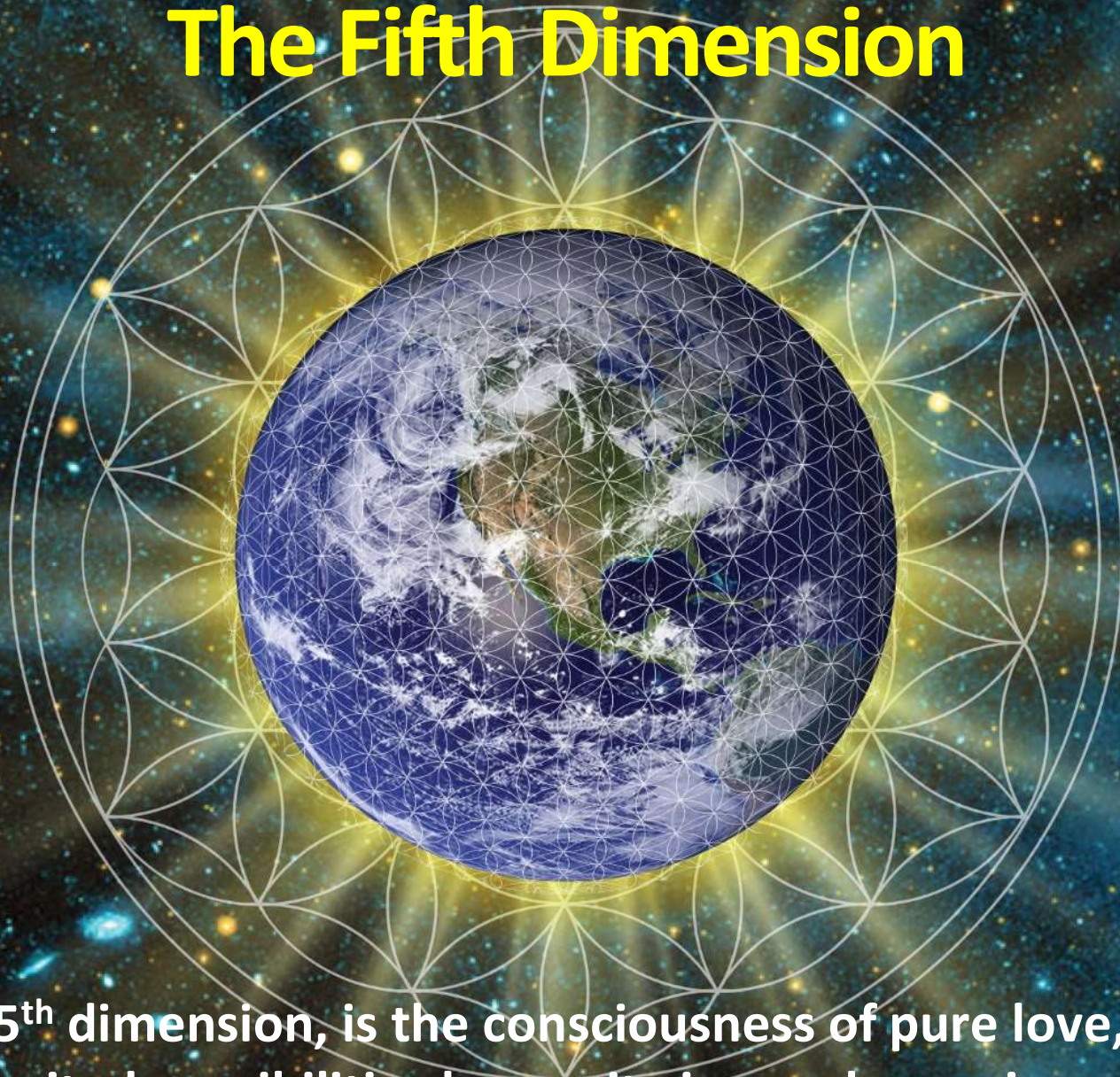
# Microcurrent-Enhanced Yoga



# Principles of Remote Healing



# The Fifth Dimension

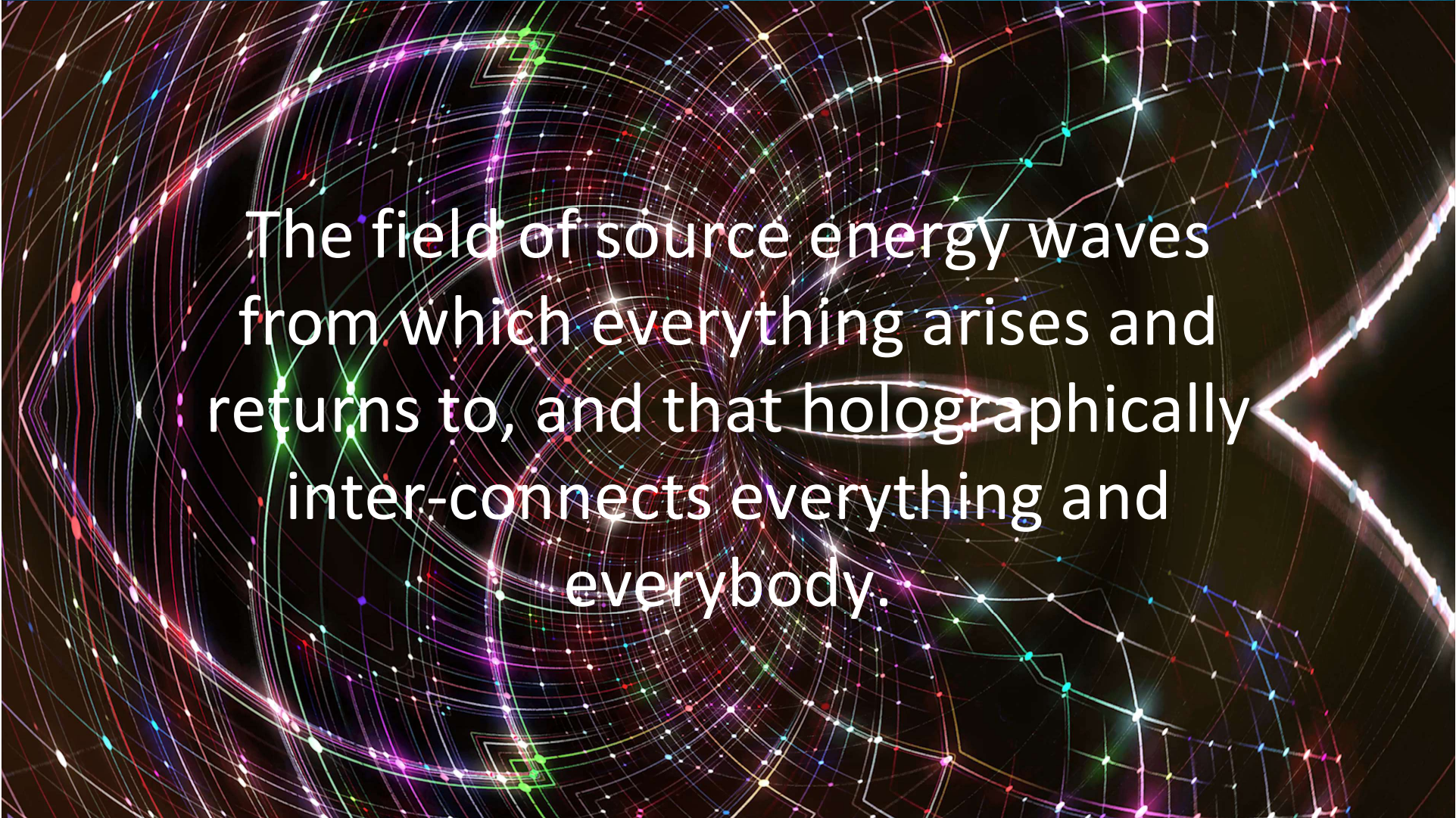


5D, the 5<sup>th</sup> dimension, is the consciousness of pure love, one-ness and unlimited possibilities humanity is now becoming aware of



# The Quantum Field

The field of source energy waves from which everything arises and returns to, and that holographically inter-connects everything and everybody.





A human silhouette is centered in the image, surrounded by a complex, multi-layered field of energy. The energy is represented by vibrant, swirling colors including yellow, orange, red, and blue, with a dark, almost black background. The overall effect is that of a glowing, ethereal human form. The text is overlaid on this image.

# #1 Everything is Energy

**Everything in the Universe is made of vibrating energy fields. All positive and negative influences on human beings are forms of energy.**

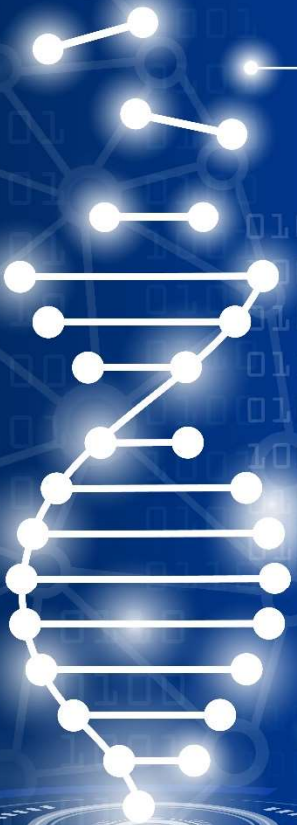
**#2: Beneficial changes in vital energy (Qi) and electromagnetic energies are associated with health and well-being**





# #3 We are Transceivers of Energy

- Human beings are constantly exchanging energy with other people, our environment and the cosmos





**#4 Energy is Moved & Repatterned  
Through Thought & Consciousness**



## #5 We Live in a Holographic Universe

Quantum Physics has demonstrated that everything in the Universe exists in “quantum entanglement”, which means that every point is completely inter-connected with every other point. Nothing is truly separate.



#5 Geographical distance is not a factor in the ability of consciousness to affect energy & heal





## Comment from Remote Healing Client

*“It was astonishing. Every single part of this healing seemed as if it was specifically relevant and tailored just for me. The experience of feeling the Quantum field gave me great inspiration and renewed strength for my continued path and effort for greater connection. Having felt this field before through my own practices, I was able to recognize and finally put a name to it.”*

Star M.

# Remote Healing Guidelines



# Remote Healing Guideline #1

Practitioners must learn to attune themselves to the Quantum Field so they can access it consistently. This is furthered by daily Ascension meditation practices.



## Remote Healing Guideline #2

Choose your method of communication – telephone, Zoom or other video conferencing service.

It is also possible to do remote healing without a call or video conference.



## Remote Healing Guideline #3

Prepare by having your healing “tool kit” ready.



# Remote healing toolkit

- ❖ Quantum healing
- ❖ Energy clearing / spiritual healing
- ❖ Sound or light therapies
- ❖ Intuitive counseling
- ❖ Acupuncture/acupressure
- ❖ Guided visualization, meditation, words of power
- ❖ Prayer
- ❖ Crystal healing

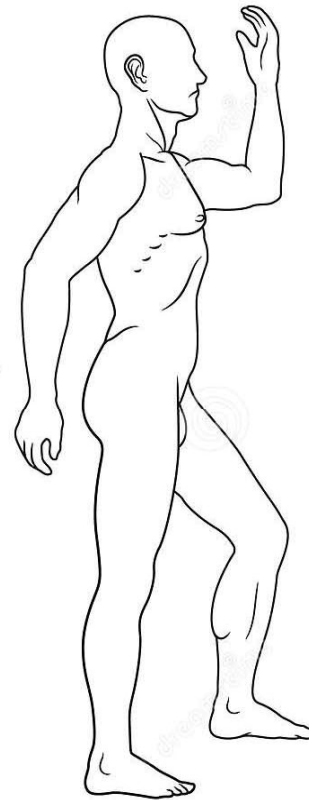
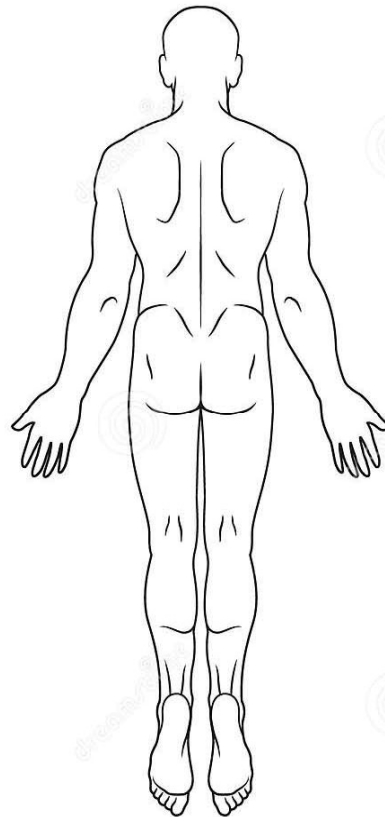
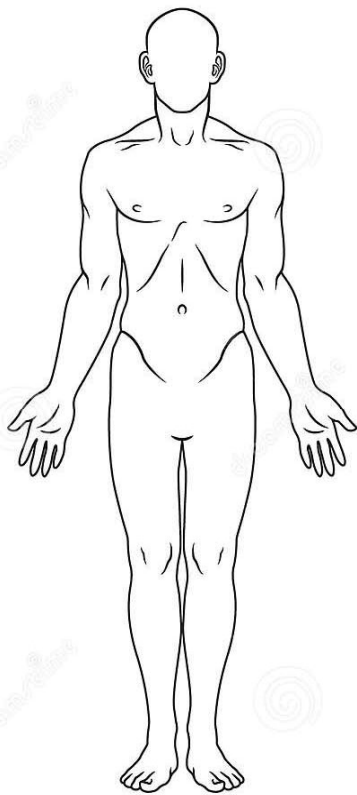


## Remote Healing Guideline #4

- Before you start a session, prepare with foundational practices, which will be taught later in this webinar.
- Once you are talking with the client, guide her through some version of these practices to help bring her into experience of the Quantum Field.
- Create a safe and sacred space of healing.

## Remote Healing Guideline #5

If you are working with energy medicine therapies, crystals, acupuncture or other specific techniques it can be helpful to use a doll or diagram as a surrogate







**Remote Healing  
Guideline #6  
Develop Your Intuition**



# Remote Healing Guideline #7

## Complete with Gratitude and a Purity Blast





# Quantum Healing

An energy healing system in which practitioners facilitate the healing of their clients through direct experience of the Quantum Field. It can also include:

- Rapidly clearing traumatic memories
- Helping heal mysterious or non-responsive diseases or life blockages
- Healing the root causes of chronic pain
- Releasing old agreements, cords, energy implants, curses & more
- Energy balancing, stress release



## **Both Quantum Healing and Vibrational Therapies can amplify and uplift the results of various forms of energy healing such as:**

- Massage/bodywork
- Acupuncture
- Energy healing and healing touch systems
- Psychology, counseling
- Microcurrent, light and sound therapies
- Chiropractic
- Spiritual healing



Quantum Healing works equally well  
in-person or remotely



# The Scientific Basis of Remote Healing

Research in Quantum Physics and other cutting edge science provides explanations for why remote healing works.



# Study #1

- In 2000 a retrospective review of 23 research studies investigating remote healing was done by Astin, Harkness and Ernst involving 2774 patients.
- These studies were selected based on meeting the following criteria: adequate control interventions such as comparison with placebo or sham healing, humans with medical conditions were studied, and the study was published in peer-reviewed journals.
- The forms of remote healing included prayer, therapeutic touch done at a distance and other forms of distant healing.

## Results

After analyzing this data the team discovered that 57% of these well-regulated studies confirmed clearly positive results from remote healing.



## Study #2

- In a double-blind study led by researcher Elizabeth Targ, 40 patients with advanced Acquired Immune Deficiency Syndrome (AIDS) were randomly assigned to two groups. One group received 10 weeks of remote healing sessions from healers they never met, and the other group did not receive the remote healings.
- The subjects in each group did not know which group they were part of. The healers represented a variety of healing methods and belief systems, and were located throughout the United States. The subjects were assessed through blood analysis and psychological tests, and their medical history was tracked over time.

## Results

- The two groups were analyzed after six months of this study. A blinded review of their medical charts revealed that the subjects who had received the remote healing showed significantly better health than the control group that did not receive it.
- The remote healing group developed less AIDS-related illnesses, had over 60% less severe symptoms, required 24% less doctor visits and 75% less hospitalizations.



# Seven Hidden Blocks to Healing

# Seven Hidden Blocks to Healing P 1

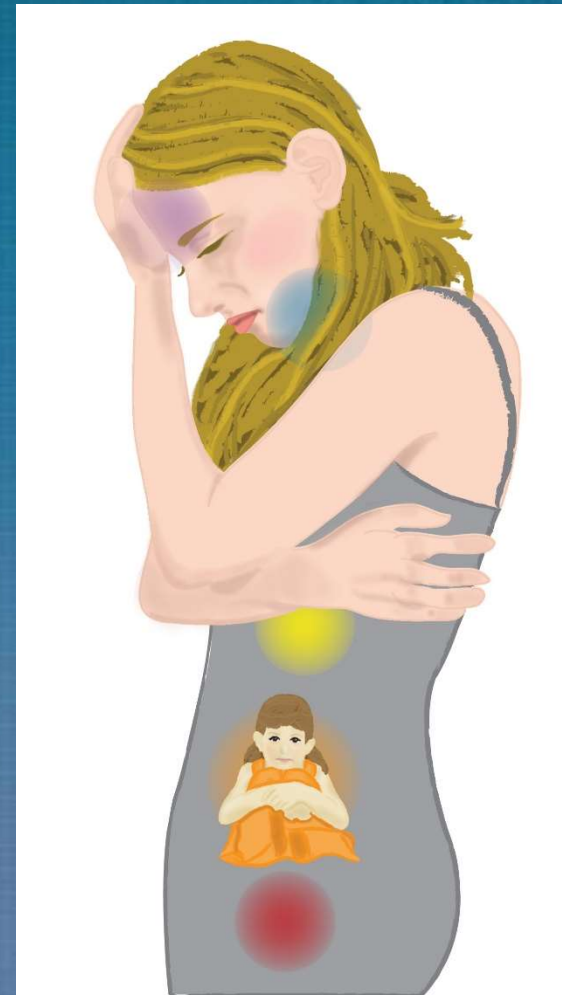
- Vows
- Cords
- Implants
- Agreements



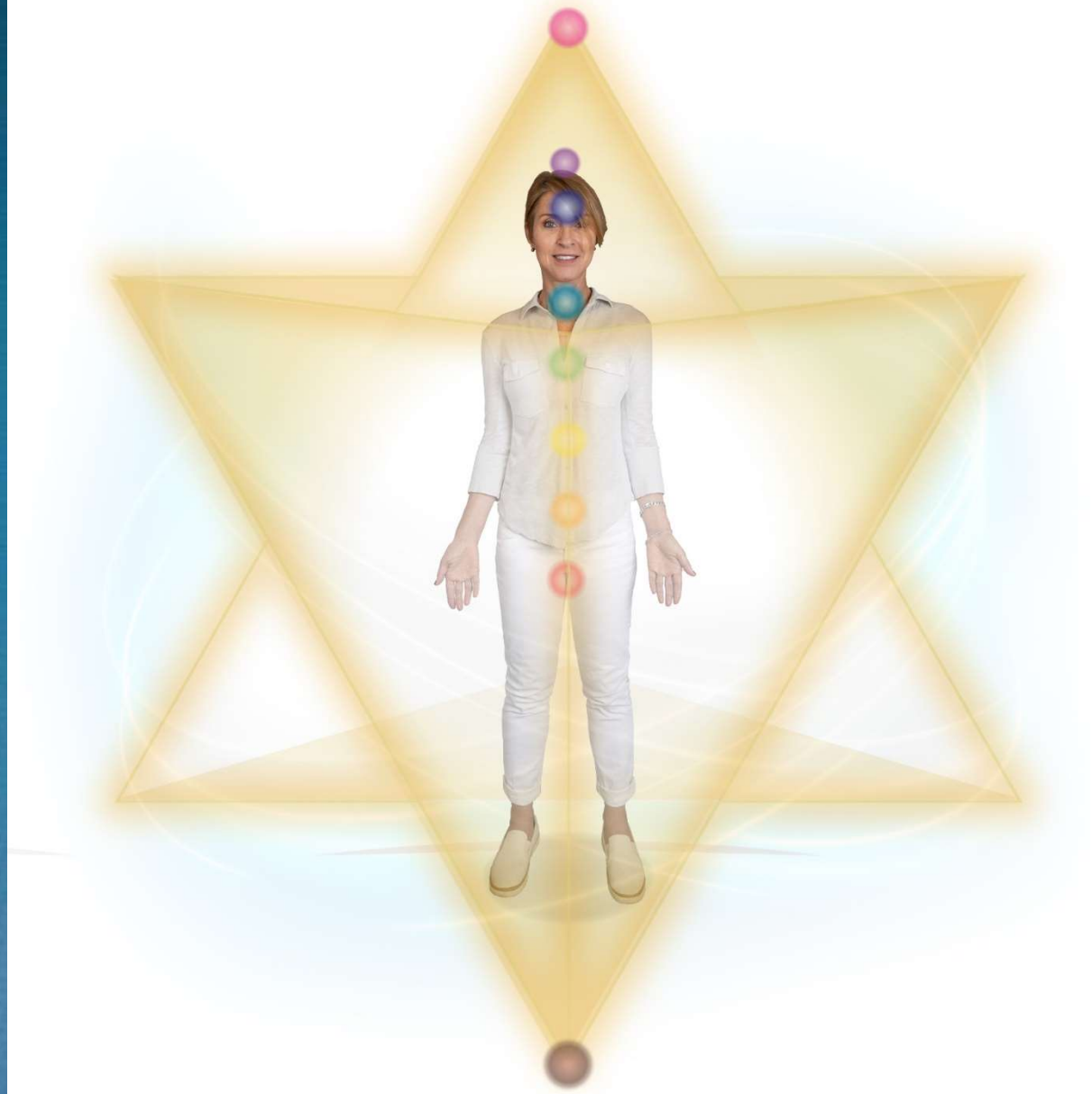


## Seven Hidden Blocks to Healing P2

- Energy interference
- Curses
- Inner child neglect



# Foundational Ascension Practices





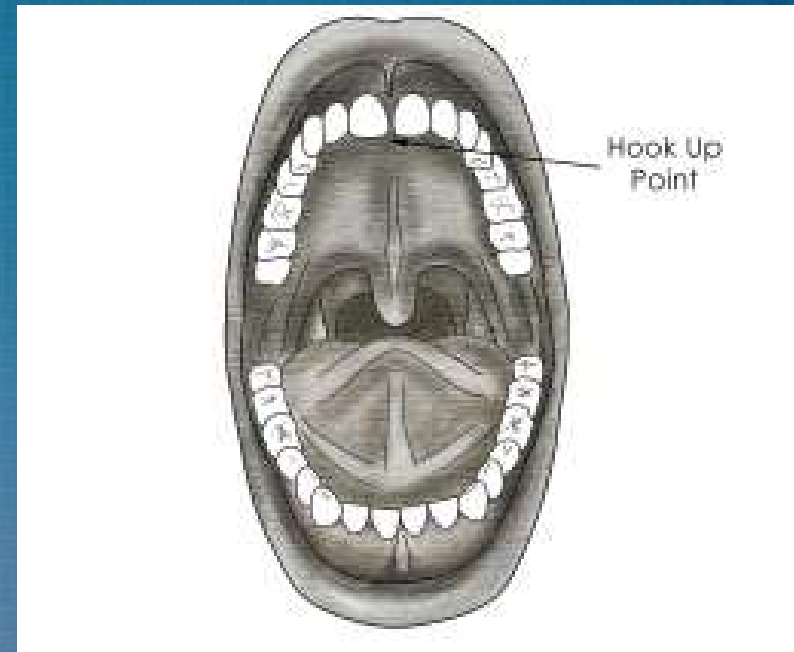
# #1 Purity Blast

“I command a Purity Blast!” Say this silently or out loud, imagining downward rushing divine light filling your body and space around you. Clears your space immediately



## #2 Abdominal Breathing with Master Hook-Up

Breathe deeply into your lower abdomen while lightly touching the tip of your tongue to the roof of your mouth, slightly behind your two upper front teeth.





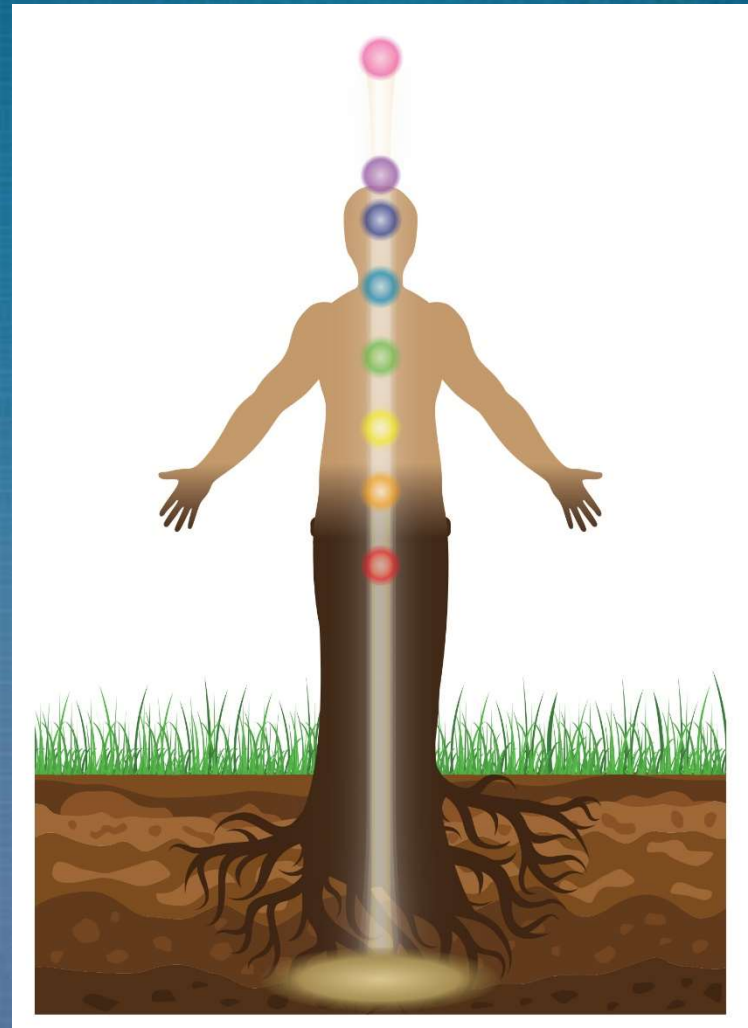
## #3 Coming Back to Yourself

Call back all of your energy you've projected onto others or to worries/concerns back into your body.



## #4 Grounding

Slightly tighten the muscles around your Root Chakra (kegels) and send a thick grounding cord down at least two feet below the surface of the Earth.





## #5 Loving Presence

Fill yourself with the vibration of pure love. It helps to think of the person, animal, place or being who inspires pure love within you.





The online training institute Darren leads that offers training for healers and health professionals in the art and techniques of Quantum Healing, Vibrational Medicine and Intuitive Counseling

For more information visit:

[www.bridgetomastery.com](http://www.bridgetomastery.com)

Or email Darren to request free in-depth video  
"The Opportunity to Serve as a Master Healer"





[www.East-WestSeminars.com](http://www.East-WestSeminars.com)

For more information about Acutron visit:

[www.eastwestseminars.com](http://www.eastwestseminars.com)

Or email Darren



# Contact Information

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